



Vital Signs Co-Editors:
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- Economic Impact
- Summer Salsa, Health Tips

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

St. Anthony Regional Hospital Creates \$59.1 Million Impact on Local Economy

In all, Iowa's Health Care Sector Provides 342,914 Jobs Across State



St. Anthony Regional Hospital generates over 750 full- and part-time jobs that add \$59.1 million to the Carroll County and west central Iowa economy, according to the latest study by the Iowa Hospital Association (IHA). In addition, St. Anthony employees by themselves spend \$19.2 million on retail sales and state sales tax revenue.

“St. Anthony takes great pride in the vitality of our communities,” said Ed Smith, St. Anthony President and CEO. “It’s important that we attract and retain qualified professionals, who are committed to being a part of our communities, raising their families here, and sharing an investment in the future of the area.”

The IHA study examined the jobs, income, retail sales and sales tax produced by hospitals and the rest of the state’s health care sector. The study was compiled from hospital-submitted data on the American Hospital Association’s Annual Survey of Hospitals and with software that other industries have used to determine their economic impact.

The study found that Iowa hospitals directly employ 76,203 people and create another 64,453 jobs outside the hospital sector. As an income source, hospitals provide \$5 billion in salaries and benefits and generate another \$2.7 billion through other jobs that depend on hospitals.

In all, the health care sector, which includes offices of physicians, dentists and other health practitioners, nursing home and residential care, other medical and health services and pharmacies, contributes \$18 billion to Iowa’s economy while directly and indirectly providing 342,914 jobs, or about one-fifth of the state’s total non-farm employment.

“Hospitals positively influence their local economies not only with how many people they employ and the salaries of those employees, but also through hospital purchases from local businesses as well as the impact of employee spending and tax support,” said Kirk Norris, IHA President and CEO. “Whether at the local level or statewide, there are few Iowa employers that generate economic activity comparable to hospitals.”

The IHA is a voluntary membership organization representing hospital and health system interests to business, government and consumer audiences. All of Iowa’s 118 community hospitals are IHA members.

SUMMER SALSA

A fun summer twist on salsa that combines fruits, veggies and beans. Delicious over grilled meat or with chips!

Ingredients

- 1 nectarine, diced
- 1/2 cup strawberries, diced
- 1/2 cup bell peppers, diced
- 1/4 cup onion, diced
- 1/2 cup avocado, diced
- 1/2 cup corn (grilled is best!)
- 1 cup black beans
- juice from one lime
- optional: jalapeno, cilantro



Instructions

1. Combine all ingredients in a bowl and serve.
2. Flavor deepens the longer it sits.

www.theleangreenbean.com



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SUMMER HEALTH TIPS



Drink water!
Staying hydrated fuels you for your daily activities!

Eat fresh!
Add fresh fruits and veggies to your meals, or as a snack.



Get outside and get moving! Take a walk or ride your bike!



Sleep well! Getting enough sleep is important for the body & mind.



Disconnect from the internet! Put down that phone, laptop or tablet and read a book or do a puzzle!

commonmedicalquestions.com

WELCOME

New Employees

Mitchell Badding— F&N

Our Condolences to:

Stephanie Riedell (MH) for the loss of her Grandmother.
Jen Jeschke (HIM) on the loss of her Father.

