

St. Anthony Offers Less Invasive, Local Breast Biopsy Option



Vital Signs Co-Editors:
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- Breast Biopsies performed at St. Anthony
- Hospital Week Activities

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope



St. Anthony Regional Hospital is constantly striving to increase patient service offerings, making medical procedures less invasive and diagnosis easier for the people of west central Iowa. This year, the hospital did just that with the addition of Surgeon Patricia Teschke, M.D., who can perform breast needle biopsies for women and men with abnormal findings.

“In the past, we would have referred patients to Ames, Des Moines or Omaha for a needle biopsy,” said Pathologist Jedd Hagen, M.D., West Central Pathology at St. Anthony. “Or, our team would have done an excisional biopsy, a more invasive surgical procedure, that requires removing a golf ball-sized portion of the breast. A needle biopsy allows Dr. Teschke to use a small needle to gather tissue from the identified area. From there, we examine the tissue to determine whether the mass is malignant or benign.”

According to Lori Pietig, St. Anthony Radiology Director, if an abnormality is identified either on a mammogram or ultrasound, Michael Soe, M.D., of Iowa Radiology at St. Anthony, determines if the patient needs a short-term follow-up with diagnostic imaging or if a needle biopsy is necessary.

Once a biopsy is ordered, Dr. Teschke performs the minimally invasive, outpatient procedure using local anesthesia. Ultrasound technology is used to guide the needle to the abnormality for sampling. Dr. Teschke may also place a marker clip to identify the area in case surgery is needed in the future. This clip will help guide the surgeon for accurate tissue removal. The length of the procedure varies depending on the size and placement of the lesion, but typically takes 30 to 90 minutes to complete.

“By offering needle biopsies at St. Anthony, we allow patients the opportunity to get an appointment quickly in a hospital close to home,” Pietig said. “Our team is there with the patient, in a familiar environment, from day one. The patient doesn’t have to go through multiple work-ups for treatment if surgery is needed; we already have all of the imaging information we need, and a full spectrum of services and qualified medical providers to help our patients through the process, from start to finish.”

Biopsy results can take up to seven days. If pathology determines the cells are benign, the patient may not need any further medical treatment. However, patients who are at a higher risk for cancer may still need to undergo an excisional biopsy to double check the abnormality. If the cells are malignant, the St. Anthony team, including radiation and medical oncology, is pulled together to determine a path forward and take immediate action.

“Very few hospitals of our size have the capability to provide this needle biopsy procedure,” Dr. Teschke said. “It reduces the number of surgical procedures and allows all health care providers involved in the treatment plan to discuss care prior to surgery, ensuring everyone is on the same page and the patient understands the process in the road to treating cancer.”

St. Anthony Regional Hospital accepts patients who have received an abnormal mammogram reading from any health care provider. Discuss a referral to St. Anthony Surgical Group with your doctor as a possible alternative to traveling to a major metropolitan area for service; or, if it’s time for your routine mammogram, schedule your appointment with St. Anthony Radiology to ensure you have access to a full spectrum of care, should you need it.

Hospital Week: May 12th-18th



Kick Off: Monday, May 12

Celebrate St Anthony Regional Hospital being named one of the top 100 Rural and Community Hospitals with rolls, coffee, juice and fruit from 6:30 – 8:30 am, in the atrium.

GUESS WHO?

Stop by the Atrium to see pictures of our Managers. Each picture and set of clues belongs to one of the management team. Answers will be revealed on Friday. See how well you know your manager!

WHERE AM I?

How well do you know the Hospital and grounds? Grab a sheet and let us know where you think the photos were taken. Turn in answers to HR by Friday morning to see how many you guessed correctly. Prizes will be given for 1st, 2nd and 3rd places.

HOW MANY?

Can you guess how many St Anthony items are in the jar? Come to the elevators by the Café entrance to put down your guess and name for a chance to win a mystery prize.

GRILL OUT: Thursday, May 16

Let SARH Administration serve you! Grilled Hamburgers, Hot Dogs and Chicken Breasts with sides will be served on Thursday from 10:30 am – 1:15 pm and 4:30 pm – 6:45 pm.

BLESSING OF THE HANDS

The Spiritual Care department invites all employees & volunteers to receive a special blessing of the hands, your gifts that you share on a daily basis with your patients, residents & each other.

MONDAY
Rolls and juice

TUESDAY
TYO Popcorn
4th Floor
Surgery Center
Break Out Area
from 2-4 pm

WEDNESDAY
Snack Cart for
Overnight staff

THURSDAY
Scholarship
Presentation
&
Grill Out

FRIDAY
TYO Ice Cream
2:00 pm, CAFE

SATURDAY
Free Hot/Cold
Fountain
Beverage



St. Anthony Regional Hospital Campus
311 S Clark St., Carroll, Iowa

Chronic Care Center
Deb Adams, ARNP, Cara Vogl, ARNP
712-794-5901

St. Anthony Cancer Center
Randal Hess, M.D., Radiation/Oncology
712-794-5265

St. Anthony Surgical Group
Patricia Teschke, M.D. & Nicholas Kuiper, D.O.
712-794-5700

Mental Health Services
Amy Canuso, D.O., Cyndi Johnson, ARNP
Philip Muller, M.D.
712-794-5435

St. Anthony Clinic-Carroll
405 S. Clark St.
Carroll, IA 51401
712-792-2222

Adult Medicine
Mark Collison, M.D.
Family Medicine
Patrick Courtney, M.D.
Tina Flores Schechinger, M.D.
David Nystrom, D.O.
Barb Boldt, PA-C
Shelley Diehl, PA-C
Gynecology/Urology
Maria Hernandez, M.D.

OB/GYN
Nelson Lo, M.D.
Charles Svensson, M.D.
Pediatrics
Karla Cheney, M.D.
Susan Teggatz, M.D.
Neurology
Blanca Marky, M.D.
Urology
Richard Sazama, M.D.

St. Anthony Clinic-Breda
Jeff Boldt, PA-C
221 Main St. Breda, IA 51436
712-673-2301

St. Anthony Clinic-Coon Rapids
David Nystrom, D.O.
215 Main St. Coon Rapids, IA 50058
712-999-2237

St. Anthony Clinic-Denison
DeRae Schroeder, DNP
Abby Behrens, ARNP
1820 4th Ave South Denison, IA 51442
712-263-6116

St. Anthony Clinic-Manning
Michelle Kroeger, ARNP
221 Ann St. Manning, IA 51455
712-653-2211

St. Anthony Clinic-Wall Lake
Jeff Boldt, PA-C
311 W. First St. Wall Lake, IA 51466
712-664-2800

St. Anthony Clinic-Westside
Dominick Ervelli, D.O.
235 Hwy 30 Westside, IA 51467
712-663-4371

WELCOME

New Employees

Jayden Jensen-F&N
Jeff Storjohann-Clinic
Savannah Quandt-F&N
Lisa Flygstad-F&N
Carmen Malloy-NH
Kristin Vonnahme-HR

Lori Warner-F&N
Trinity Tassell-F&N
Christopher Flattery-F&N
Susan Peterson-Env Services
Hallie Golay-Education

Our Condolences to:

Carlie Hodges-Irlbeck (MSP) for the loss of her mother.
Chris Valentine (Social Worker) for the loss of her daughter.
Trish Roberts (Foundation) for the loss of her father in law.

