

Barb Toohey, Chosen for the "100 Great Iowa Nurses" Honor



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- Barb Toohey, Named a Great Iowa Nurse
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Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope



St. Anthony Regional Hospital congratulates Director of Quality Assurance, Barb Toohey, RN, BSN, MSHSA, for being named one of "100 Great Iowa Nurses." The "100 Great Iowa Nurses" program recognizes outstanding nurses who have made a meaningful contribution to their patients, colleagues and the nursing profession. Barb was selected from hundreds of nominations from across the state for the honor. The areas considered in the nomination process were: concern for humanity, contribution to profession, and leadership and mentoring. Nurses selected for this honor represent many sectors of health care, working as nurses in hospitals, long-term care facilities, schools, and offices. They come from all practice areas in nursing, including acute care, sub-acute care, school nursing, nurse leaders, academics, and many more.

"It is Barb's constant pursuit of excellence that prompted her nomination," said Karen Timm, Vice-President of Patient Services. "I value her dedication to creating a best practice environment which supports the ultimate goal of providing our patients with care which is of the highest safety and quality."

Toohey is celebrating a forty-five year nursing career. Her work experience is vast and varied, including obstetrical care, quality and risk management, school nursing, public health, hospice care, cardiac care, and workman's compensation case management. Barb started at St. Anthony in 1976 but left St. Anthony in 1996, when her husband took a position in eastern Iowa, but returned in 2009, accepting the role of Director of Home Health, Hospice and Public Health.

Barb's leadership led to her 2011 promotion as Director of Quality Assurance at St. Anthony which she continues to this day. Barb's oversight ensures the delivery of high quality, safe health care for all patients served by St. Anthony. Among her responsibilities are provider privileging and peer review, medical staff liaison, Ethics Committee leadership, guidance of performance improvement activities, monitoring of patient experience, quality scores, and safety measures, along with regulatory standards compliance and survey readiness. Additionally, Barb provides leadership for the EMR computer analysts, utilization review and inpatient social workers.

"I am deeply humbled by this nomination," Barb said. "I reflect upon the culmination of 45 years of nursing and all of the wonderful people who have mentored me. I owe this honor to the people who have touched my nursing life and I am truly grateful to them."

"Being chosen as one of Iowa's 100 Great Nurses confirms the value of Barb's leadership at St. Anthony," said Ed Smith, St. Anthony President and CEO. "Over the years she has navigated many of the major changes in healthcare. She embodies a passion for the profession of nursing and an appreciation for the opportunities nursing has offered her throughout her career. Barb's high expectations for herself and others have set the standard here at St. Anthony."

This year's 15th annual "100 Great Iowa Nurses" reception will be held on Sunday, May 5, 2019, at Iowa Events Center in Des Moines. Recipients from past years are invited back and the 2019 awardees will have family, friends and colleagues in attendance to share in their recognition of outstanding achievement.

Toohey joins eight other St. Anthony nurses who have received the prestigious award: Deb Adams, Verna Tiefenthaler, Sandy Cayler, Pat Hogan, Darlene Rueter, Katie Towers, Cheri Theulen and Tammy Roetman.

HAPPY EASTER

Praying your day will be filled with joy!

Then my soul will rejoice in the Lord and delight in His salvation.

Psalm 35:9

Mass will be celebrated in the Nursing Home Chapel on Easter Sunday, April 21st at 9:30am

April marks the start of National Stress Awareness Month.

What are your plans to reduce stress and the negative effects stress can have on the mind and body?

If left unchecked, stress can be deadly — in fact, stress is often referred to as the “silent killer” because although its effects are not immediately apparent, it can lead to a number of serious health problems such as high blood pressure and heart disease. This is why Stress Awareness Month is important — it informs people about stress and provides them with the tools and resources to manage it.

10 Simple Stress Reducers

1. Prep the night before the day ahead
2. Listen to your favorite tunes
3. Keep your smart phone habit in check
4. Take 5 minutes to remember a past success
5. Focus only on what's in your control
6. Talk or write about your stress
7. Work out regularly
8. Arm yourself with healthy snacks
9. Take 15 minutes to yourself each day
10. Identify one good thing that happened today

WELCOME

New Employees

Joan Baumhover—F&N

Brittany Mitchell—BMU

Our Condolences to:

Holly Venteicher (Dialysis) for the loss of her father-in-law.

Shelly Loew (QM) for the loss of her sister-in-law.

Alex Fletch (Rehab) for the loss of her grandmother.

Gina Arnold (NH) for the loss of her brother.

Sauna Borkowski (NH) for the loss of her boyfriend.

Randi Boell (QM) for the loss of her aunt.



ST. ANTHONY Clinic

St. Anthony Regional Hospital Campus
311 S Clark St., Carroll, Iowa

Chronic Care Center
Deb Adams, ARNP, Cara Vogl, ARNP
712-794-5901

St. Anthony Cancer Center
Randal Hess, M.D., *Radiation/Oncology*
712-794-5265

St. Anthony Surgical Group
Nicholas Kuiper, D.O. & Patricia Teschke, M.D.
712-794-5700

Mental Health Services
Amy Canuso, D.O., Cyndi Johnson, ARNP
Philip Muller, M.D.
712-794-5435

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Mark Collison, M.D.

Family Medicine
Patrick Courtney, M.D.
Tina Flores Schechinger, M.D.

David Nystrom, D.O.
Barb Boldt, PA-C
Shelley Diehl, PA-C

Gynecology/Urology
Maria Hernandez, M.D.

OB/GYN
Nelson Lo, M.D.
Charles Svensson, M.D.

Pediatrics
Karla Cheney, M.D.
Susan Teggatz, M.D.

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