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St. Anthony Welcomes New Staff Chaplain



Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
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- Welcome to Sister Mary Laurence
- April is Donate Life Month

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

We are committed to the health ministry of our sponsors, St. Anthony Ministries.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope



St. Anthony Regional Hospital is pleased to welcome Sister Mary Laurence Ugoaru, who recently began work as part of the spiritual care team. Sister Mary joins Angelo Luis as the second staff chaplain at St. Anthony to serve patients, residents and staff members.

“I am happy to be here and look forward to serving all people, no matter their faith, beliefs, color, gender or age,” said Sister Mary. “I will be focusing on the social and spiritual well-being of everyone seeking help at St. Anthony and look forward to helping us

grow as a hospital family, while also meeting the needs of patients and the community.”

Sister Mary comes to Carroll from Calvary Hospital in the Bronx, New York, where she provided spiritual care, as well as palliative and bereavement support, as the hospital chaplain. In addition, she was a Eucharistic minister and focused on serving the needs of the Nigerian Catholic community at St. Clement Church. Sister Mary’s prior ministry work includes positions in hospitals, nursing homes and inmate facilities in Maryland, Arkansas, Louisiana and Texas. She has also worked in hospitals and universities in her home country of Nigeria and is particularly drawn to serving others in health care environments.

“I have worked in the health care field ever since I was a teenager. My parents taught me how to be sympathetic and feel the pain of those in-need, so my religious faith is built on a call to serve the needy, especially those who are not healthy. I just have passion for it and do it because I love it, so I am ready to go the extra mile to help the sick,” offered Sister Mary.

A native of Nigeria, Sister Mary brings more than 30 years of experience to St. Anthony. She has a bachelor’s degree in education and is currently working toward a master’s degree in pastoral studies. In addition, Sister Mary has certificates in grief counseling, clinical intervention, social work and medical ethics.

“We are excited to welcome Sister Mary to our team as staff chaplain,” said Ed Smith, St. Anthony President and CEO. “Spiritual care is an important component of the compassionate, quality care patients experience at St. Anthony. We want to continue to grow our ministry to complement our Franciscan values of health, healing and hope, so we are pleased Sister Mary is here to serve patients, residents, families, and team members in need of support.”

Sister Mary has relocated to Carroll so she can best serve the hospital and community. In her spare time, Sister Mary enjoys reflecting, praying and looking for new ways to do things. She also watches television to relax and enjoys cooking to keep herself busy during the day.

**St. Anthony Regional Hospital and Iowa Donor Network
Inspire Iowa to Donate Life**



St. Anthony Regional Hospital in Carroll is joining with Iowa Donor Network to Inspire Iowa to Donate Life during National Donate Life Month this April. Throughout Donate Life Month, transplant recipients who have been given a new life are celebrated, donors and their families are honored and the stories of those who are still waiting are shared with the hope of improving lives through donation.

Every year since 2002, April has been filled with stories to spread the lifesaving message of donation in order to inspire people to register as organ, eye and tissue donors. You can become a donor by registering at www.iowadonornetwork.org.

The official Donate Life flag will fly over St. Anthony Hospital throughout the month of April. Emergency Services staff will wear Donate Life T-shirts to promote awareness and as a reminder to others to register as an organ donor.

Approximately 72% of adults are registered donors in Iowa. Still, the number of people in need of transplants continues to outpace the number of donor organs. There are 116,000 Americans currently waiting for a life-saving organ transplant, more than 600 of those live right here in Iowa. Unfortunately, not all those waiting will receive an organ in time. On average, 20 people die each day in the United States while waiting for a transplant. It's our vision that all Iowans are inspired to donate life.

Registering your decision to become a donor is the most effective way to ensure you can save lives through donation and serves as a sign of hope for those who continue to wait.

National Wear Blue/Green day in honor of donation will be Friday, April 12th. Participants are encouraged to share photos at www.donatelife.net for a chance to win prizes. For more information about Iowa Donor Network activities please visit: www.iowadonornetwork.org.

WELCOME

New Employees

Sister Mary Laurence— Pastoral Care

To my Hospital Family,

My heart is full with the love, kindness and comforting words to me and my family on the recent passing of Tim. He touched so many lives at St. Anthony and the clinics and never looked at his position as a job, but rather, meeting and greetings of friends. He will be sorely missed but I hope you will all carry his laughter, memory of his jokes, and those sparkling blue eyes in your hearts.



Barb, Shannon, and Ryan Toohy

Our Condolences to:

Amy Halbur (Surgery) for the loss of her mother-in-law.
Alex Fletcher (Rehab) for the loss of his grandmother.
Dawn Uhlenkamp (Clinic) for the loss of her mother.
Amy Wiskus (Clinic) for the loss of her father-in-law.



St. Anthony Regional Hospital Campus
311 S Clark St., Carroll, Iowa

Chronic Care Center

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712-794-5901

St. Anthony Cancer Center

Randal Hess, M.D., *Radiation/Oncology*
712-794-5265

St. Anthony Surgical Group

Nicholas Kuiper, D.O., & Patricia Teschke, M.D.
712-794-5700

Mental Health Services

Amy Canuso, D.O., Cyndi Johnson, ARNP
Philip Muller, M.D.
712-794-5435

St. Anthony Clinic-Carroll

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Adult Medicine

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Family Medicine

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Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Barb Boldt, PA-C

Shelley Diehl, PA-C

Gynecology/Urology

Maria Hernandez, M.D.

OB/GYN

Nelson Lo, M.D.

Charles Svensson, M.D.

Pediatrics

Karla Cheney, M.D.

Susan Teggatz, M.D.

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