



Vital Signs Co-Editors:  
Alison Bauer  
Paula Lambertz  
Stacey Vonnahme

- St. Anthony Recognized as a Top 100 Rural Hospital
- Girls Night Out!

### Mission

*St. Anthony is inspired by faith and committed to excellence.*

*We are dedicated to improving the health of the people we serve.*

*We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.*

### Vision

*As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.*

### Mantra

*Health, Healing and Hope*

## St. Anthony Regional Hospital Recognized by The Chartis Center for Rural Health as 2019 Top 100 Rural & Community Hospital

St. Anthony Regional Hospital announced that it has been named one of the Top 100 Rural & Community Hospitals in the United States by The Chartis Center for Rural Health. Regarded as one of the industry's most significant designations of performance excellence, the annual Top 100 Rural & Community Hospitals award is based upon the results of the Hospital Strength INDEX® from iVantage Health Analytics.

"We do things differently at St. Anthony and it's gratifying to be recognized for the outstanding work that our staff performs each and every day. We are very honored to be included in this list," said Edward Smith, President and CEO of St. Anthony Regional Hospital.



Hospitals recognized as a Top 100 facility scored in the top 100 among all rural and community hospitals nationally. Now in its

ninth year, the INDEX leverages 50 rural-relevant indicators across eight pillars of hospital strength, including Inpatient Market Share, Outpatient Market Share, Cost, Charge, Quality, Outcomes, Patient Perspective and Financial Stability, to determine an overall score for each hospital. Each of the INDEX's 50 indicators is culled from publicly-available data sources.

"In an era of increased complexity and uncertainty, Top 100 hospitals have established themselves as a bellwether for rural provider performance," said Michael Topchik, National Leader of The Chartis Center for Rural Health. "Top 100 status is a real indicator of how proactive these hospitals are when it comes to pushing for performance improvement in areas such as quality, outcomes, patient safety, market share and finance."

### Top 100 Rural & Community Hospital Resources

The list of this year's Top 100 Rural & Community Hospitals, as well as the 2019 INDEX methodology, can be found at [www.ivantageindex.com/top-performing-hospitals](http://www.ivantageindex.com/top-performing-hospitals).

# Did You Know?



**Reminder:** St. Anthony physicians and clinics have a \$25 co-pay benefit. Any services such as labs or x-ray done within the clinic, co-pay will apply. When you leave the clinic, billing rates change and the co-pay benefit no longer applies. Be sure to ask your provider if services can be done within the clinic.

St. Anthony invites women of all ages, to the Third Annual, Wildly Popular...

## Girls Night Out

Do you wish you had super powers to get through the day? You're not alone! Join us!

5:00-6:30 PM SOCIAL

(Shop & browse local business displays)

6:30-8:00 PM FREE PROGRAM &

Q & A SESSION WITH:

Suzy Feigofsky, M.D., Iowa Heart Center

Tina Flores Schechinger, M.D., St. Anthony Clinic

Amy Canuso, D.O., St. Anthony Mental Health

Michelle Heim, D.O., McFarland Clinic

**WEDNESDAY,  
APRIL 10TH  
Carrollton Inn,  
Carroll**

You can email questions in advance to [education@stanthonyhospital.org](mailto:education@stanthonyhospital.org) or jot them down when you arrive. SPACE IS LIMITED. PLEASE CALL (712) 794-5243 TO RSVP.

**REMINDER: Deadline to submit St. Anthony Foundation scholarship applications is Friday, Mar. 29.**

# WELCOME

## New Employees

Jose Robaina- F&N

Sarah Conard- Clinic

### Our Condolences to:

Barb Toohey (QM) for the loss of her husband.

Mern Irlbeck (Pt. Reg) for the loss of her mother in law.

Lynn Irlbeck (NH) for the loss of her mother in law.



# ST. ANTHONY Clinic

**St. Anthony Regional Hospital Campus**  
311 S Clark St., Carroll, Iowa

**Chronic Care Center**  
Deb Adams, ARNP, Cara Vogl, ARNP  
712-794-5901

**St. Anthony Cancer Center**  
Randal Hess, M.D., *Radiation/Oncology*  
712-794-5265

**St. Anthony Surgical Group**  
Nicholas Kuiper, D.O., & Patricia Teschke, M.D.  
712-794-5700

**Mental Health Services**  
Amy Canuso, D.O., Cyndi Johnson, ARNP  
Philip Muller, M.D.  
712-794-5435

**St. Anthony Clinic-Carroll**  
405 S. Clark St.  
Carroll, IA 51401  
712-792-2222

**Adult Medicine**  
Mark Collison, M.D.  
**Family Medicine**  
Patrick Courtney, M.D.  
Tina Flores Schechinger, M.D.  
David Nystrom, D.O.  
Barb Boldt, PA-C  
Shelley Diehl, PA-C  
**Gynecology/Urology**  
Maria Hernandez, M.D.  
**OB/GYN**  
Nelson Lo, M.D.  
Charles Svensson, M.D.  
**Pediatrics**  
Karla Cheney, M.D.  
Susan Teggatz, M.D.  
**Neurology**  
Blanca Marky, M.D.  
**Urology**  
Richard Sazama, M.D.

**St. Anthony Clinic-Breda**  
Jeff Boldt, PA-C  
221 Main St. Breda, IA 51436  
712-673-2301

**St. Anthony Clinic-Coon Rapids**  
David Nystrom, D.O.  
215 Main St. Coon Rapids, IA 50058  
712-999-2237

**St. Anthony Clinic-Denison**  
DeRae Schroeder, DNP  
Abby Behrens, ARNP  
1820 4th Ave South Denison, IA 51442  
712-263-6116

**St. Anthony Clinic-Manning**  
Michelle Kroeger, ARNP  
221 Ann St. Manning, IA 51455  
712-653-2211

**St. Anthony Clinic-Wall Lake**  
Jeff Boldt, PA-C  
311 W. First St. Wall Lake, IA 51466  
712-664-2800

**St. Anthony Clinic-Westside**  
Dominick Ervelli, D.O.  
235 Hwy 30 Westside, IA 51467  
712-663-4371