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Issue 2 Volume 33



Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
Stacey Vonnahme

- Now Open! St. Anthony Surgical Group
- Renewal of Vows Contest

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

St. Anthony Announces New Surgical Group with Addition of Two New Surgeons

St. Anthony Regional Hospital has opened the **St. Anthony Surgical Group** and welcomes two new general surgeons, Patricia Teschke, M.D., and Nicholas J. Kuiper, D.O. Both physicians perform general surgical operations full-time and are actively taking new patients. The St. Anthony Surgical Group offices are located on the 2nd floor of the hospital between Iowa Heart Center and St. Anthony Eye Clinic. To schedule an appointment with either surgeon call (712) 794-5700.

“We are excited to open the St. Anthony Surgical Group,” said Eric Hammer, Vice President of Regional Operations. “With the addition of two general surgeons our west central Iowa patients will continue to receive high quality specialty surgeries. We are bound by our commitment to be your regional leader in healthcare.”

Dr. Kuiper earned his medical degree from Des Moines University College of Osteopathic Medicine in Des Moines. He completed an internship and general surgery residency at Mercy Medical Center in Des Moines. Prior to joining St. Anthony Surgical Group, Dr. Kuiper was a partner of Surgical Associates in Grinnell and a general surgeon in Waterloo. He was trauma director and served on the hospital board of directors at Grinnell Regional Medical Center and was director of surgery at Marengo Memorial Hospital. He has also been an adjunct instructor of general surgery at Des Moines University since 2010.

Kuiper, has performed more than 600 robotic surgeries, and is recognized by many in the field as an expert at Da Vinci Robotic Surgery. He has served as a Da Vinci Proctor/Trainer for several surgeons since 2013.

“I am very impressed with the staff and quality of care that St. Anthony provides and I look forward to being part of the new surgical group and overall team” said Kuiper. “The hospital and community have been very welcoming to all of us, and we are excited to get settled and get involved.”

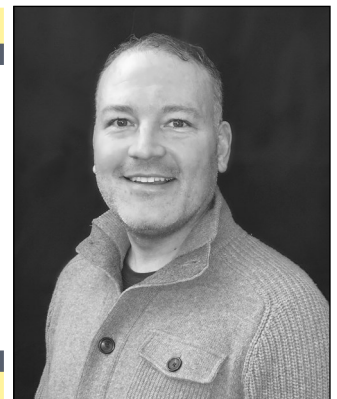
Dr. Kuiper enjoys golfing, kayaking, and woodworking. He and his wife, Stacy, have three children.

Dr. Teschke was highlighted in the January 4th edition of Vital Signs.



**St. Anthony
Surgical Group
Now Accepting Patients!**

Call (712) 794-5700



Garden View, Daily Times Herald, & Carroll Broadcasting's

Renewal of Vows Contest

One willing couple will receive a ceremony and celebration for 15 people at Garden View Assisted Living.



Deadline to enter is Thursday, January 17.

Submit a photo of the couple, their hometown, and a brief description of why you think they deserve an all-expenses paid renewal of vows.

Submissions accepted at www.carrollpaper.com or by mail to Renewal of Vows Contest, Daily Times Herald, 508 N Court St., Carroll, IA 51401.

Photos will be posted online for voting at www.carrollpaper.com.

Winner will be announced live on Facebook at noon on Valentine's Day.

Contestants must be 50 years old or older, married, residents of Carroll or the surrounding counties, or have family or career ties to this area.

Co-sponsors include Wilkie Clothiers, Bridal Country, HyVee, Designs by Bernie, and Promising Image.

WELCOME

New Employees

Nancy Johnson—Housekeeper
Makenna Simons—BMU
Christine Ellis—BMU

Justin Wieck—Clinic
Katelyn Dieber—Pharmacy



*Thank you for the thoughts and prayers after the passing of my father.
Mary Brown*

Our Condolences to:

Paula Lambertz (Admin) for the loss of her father-in-law.
Trish Roberts (Foundation) for the loss of her mother-in-law.
Dr. Linda Iler (Med Staff) for the loss of her father.
Joan Wittrock (SDS) for the loss of her father-in-law.
Nicole Hayworth (Anesthesia) for the loss of her grandfather.



ST. ANTHONY Clinic

St. Anthony Regional Hospital Campus
311 S Clark St., Carroll, Iowa

Chronic Care Center
Deb Adams, ARNP, Cara Vogl, ARNP
712-794-5901

St. Anthony Cancer Center
Randal Hess, M.D., *Radiation/Oncology*
712-794-5265

St. Anthony Surgical Group
Nicholas Kuiper, D.O., & Patricia Teschke, M.D.
712-794-5700

Mental Health Services
Amy Canuso, D.O., Cyndi Johnson, ARNP
Philip Muller, M.D.
712-794-5435

St. Anthony Clinic-Carroll
405 S. Clark St.
Carroll, IA 51401
712-792-2222

Adult Medicine
Mark Collison, M.D.

Family Medicine
Patrick Courtney, M.D.
Tina Flores Schechinger, M.D.

David Nystrom, D.O.
Barb Boldt, PA-C
Shelley Diehl, PA-C

Gynecology/Urology
Maria Hernandez, M.D.

OB/GYN
Nelson Lo, M.D.
Charles Svensson, M.D.

Pediatrics
Karla Cheney, M.D.
Susan Teggatz, M.D.

Neurology
Blanca Marky, M.D.

Urology
Richard Sazama, M.D.

St. Anthony Clinic-Breda
Jeff Boldt, PA-C
221 Main St. Breda, IA 51436
712-673-2301

St. Anthony Clinic-Coon Rapids
David Nystrom, D.O.
215 Main St. Coon Rapids, IA 50058
712-999-2237

St. Anthony Clinic-Denison
DeRae Schroeder, DNP
Abby Behrens, ARNP
1820 4th Ave South Denison, IA 51442
712-263-6116

St. Anthony Clinic-Manning
Michelle Kroeger, ARNP
221 Ann St. Manning, IA 51455
712-653-2211

St. Anthony Clinic-Wall Lake
Jeff Boldt, PA-C
311 W. First St. Wall Lake, IA 51466
712-664-2800

St. Anthony Clinic-Westside
Dominick Ervelli, D.O.
235 Hwy 30 Westside, IA 51467
712-663-4371