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Vital Signs Co-Editors:  
Alison Bauer  
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Stacey Vonnahme

- Welcome to Dr. Amy Canuso
- St. Anthony Golf Classic

### Mission

*St. Anthony is inspired by faith and committed to excellence.*

*We are dedicated to improving the health of the people we serve.*

*We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.*

*We are committed to the health ministry of our sponsors, the Franciscan Sisters of Perpetual Adoration.*

### Vision

*As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.*

### Mantra

*Health, Healing and Hope*

## St. Anthony Reaffirms Commitment to Mental Health Services, Welcomes New Psychiatrist



St. Anthony Regional Hospital has announced the addition of Amy Canuso, D.O., a psychiatrist focusing on adult care for both the inpatient and outpatient settings. She will begin working full-time with the mental health services team on July 23, joining two dedicated, licensed health care providers, including a psychiatrist and advanced registered nurse practitioner.

Dr. Canuso comes to St. Anthony after serving in the military for the past 12 years, where she completed her residency and practiced psychiatry for active duty personnel and their families. Most recently she served as a psychiatrist at the U.S. Naval Hospital in Guam. Dr. Canuso has also been deployed to Afghanistan with the U.S. Marines, and finished her career ranking as Lieutenant Commander.

“After serving our country for more than a decade, I am excited to serve the communities of west central Iowa,” Dr. Canuso said. “I look forward to my family joining the Carroll community and serving an organization that has made mental health services a priority. I am impressed by the commitment St. Anthony has to maintaining psychiatric services. At a time where many medical networks have cut back on a national scale, St. Anthony has doubled down by expanding their services and expertise.”

Born in Johnson City, Tenn., Dr. Canuso earned her bachelor’s degree in women’s and diversity studies from the University of North Carolina Greensboro. After earning her medical degree from Pikeville College School of Osteopathic Medicine, Dr. Canuso discovered her passion for psychiatry during clinical rotations. She began her psychiatric training with the military, first as an intern and resident at the Naval Medical Center in San Diego, and then with a fellowship in child and adolescent psychiatry at the Walter Reed National Military Medical Center.

“St. Anthony believes that strong psychiatric care is the foundation to overall health and wellness, and we continue to look for ways to improve our offerings,” said Ed Smith, St. Anthony President and CEO. “We are excited to welcome Dr. Canuso to the St. Anthony team, and to the community of Carroll. With the addition of Dr. Canuso, we are investing in the future of our community and improving the mental health services we provide to west central Iowa.”

Dr. Canuso has relocated to Carroll with her husband, Sean, and two sons, Caeden, 12, and Logan, 9. In her spare time, she enjoys reading, running, biking, and scuba diving.

## St. Anthony Golf Classic Raises Over \$76,000 for Cancer Services

The 20th annual St. Anthony Golf Classic, held on Monday, June 25, 2018 at the Carroll Country Club, generated an unprecedented amount for the hospital and its services – \$76,575. Proceeds from this year's Golf Classic are dedicated to St. Anthony cancer services. To date, more than \$986,000 has been raised through St. Anthony's annual golf outing for hospital projects, including cardiology services, cancer services, cancer endowment, pastoral care endowment, physician recruitment, emergency department, and healthcare scholarships.

"On behalf of St. Anthony Regional Hospital, I am honored and humbled by the outpouring of support our community members in the region and the state of Iowa have displayed through this year's Golf Classic," said Randal Hess, M.D., Radiation Oncologist at St. Anthony. "It is through a combination of community support and the skilled hands of our medical team members at St. Anthony that we can continue to advance the quality, compassionate cancer care services we offer locally. I am proud to serve the hospital and a community that contributes tremendously to this endeavor."

Hole-in-one sponsors for this year's event included: Carroll Cycle Center/Champion Ford/Motor Inn/Wittrock Motors, Haley Equipment/Olsen's Outdoor Power/Rueter's Red Power/Van Wall Equipment, Drees Company, Kimmes Country Stores, and Lenz Insurance & Real Estate. Social Sponsors were Carroll Dental Associates, ConvergeOne, DePuy/Raridon Associates, Des Moines Orthopaedic Surgeons, Mid-Iowa Insurance and Real Estate, Prenger's Flooring America, Ragaller Drywall and Ruckus. Cookies BBQ and Pepsi were lunch sponsors. Courtesy Cart sponsor was QUARC by MEDarchon. Angela Tomka Photography of Carroll was the official event photographer.

A \$10,000 Putting Challenge was co-sponsored by Carroll Broadcasting and Sharp Funeral Home. Carroll Hy-Vee provided a grand prize of \$500 in Hy-Vee gift cards to the winning team and the last place prize was provided by Madame Mary.

Major sponsors for this year's event were Avadyne Health, Badding Construction, BNP Paribas, Cassling Diagnostics, CDW, Cookies Food Products, Deloitte, Dorsey & Whitney, Drees Company, Electronic Sound Inc., Feld Fire/Feld Security, First Fiduciary Investment Counsel, Graham Construction, The Graham Group, Harris Associates, Iowa Heart Center, J.P. Flooring, Mediacom Communications, Medline, Neuberger Berman, Oak Ridge Investments, Shared Medical Services, St. Anthony Auxiliary, Stifel, Stone Printing and Office Supply, Voya, Western Iowa Networks, Wixed & Company, and Wold Architects and Engineers.

Co-chairs for this year's Golf Classic were Brent Baumhover and John Weber. Other committee members included: Kyle Atkinson, Josh Axman, Tony Badding, Kurt Baumhover, Jennifer Grandgenett, Kim Hackett, Hope Hempstead, Kyler Ludwig, Pat Macke, Kevin Milligan, Jerry Mowrey, Brigit Pick, Ann Slehta, Kennedy Thomsen and Justin Yetmar.

St. Anthony would like to thank all the volunteers, committee members and prize and gift sponsors for making this event a tremendous success.



### Pictured (left to right):

**Front row:** Brent Baumhover, Committee Co-Chair; Sheryl Zimmerman; Katie Nelson; Cheri Theulen; Stefani Yetmar; John Weber, Committee Co-Chair; Ed Smith, St. Anthony President and CEO; and Trish Roberts, St. Anthony Development Director

**Back row:** Dr. Randal Hess, St. Anthony Radiation Oncologist; Katie Decker; Jess Borkowski, Dawn Simons; Claudia Halbur; and Julie Pietig

# WELCOME

## New Employees

Bailee Schleisman— Infection Control  
Kelsey Wagner—Clinic

Breana Dammann—MSP  
Andrea Grundmeier—GV

### Our Condolences to:

Lori Verner (Pat. Reg.) for the loss of her father.  
Jennifer Jeschke (HIM) for the loss of her father.



# ST. ANTHONY Clinic

#### Adult Medicine

Mark Collison, M.D.

#### Family Medicine

Patrick Courtney, M.D.

Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Barb Boldt, PA-C

Shelley Diehl, PA-C

#### Gynecology/Urology

Maria Hernandez, M.D.

#### OB/GYN

Nelson Lo, M.D.

Charles Svensson, M.D.

#### Pediatrics

Karla Cheney, M.D.

Susan Teggatz, M.D.

#### Neurology

Blanca Marky, M.D.

#### Urology

Richard Sazama, M.D.

#### St. Anthony Clinic

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#### Jeff Boldt, PA-C

#### St. Anthony Clinic—Breda

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#### David Nystrom, D.O.

#### St. Anthony Clinic—Coon Rapids

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Abby Behrens, ARNP

#### St. Anthony Clinic—Denison

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#### Michelle Kroeger, ARNP

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#### St. Anthony Clinic—Westside

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#### Randal Hess, M.D.

#### Radiation/Oncology

#### St. Anthony Cancer Center

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#### Amy Canuso, D.O.

Cyndi Johnson, ARNP

Philip Muller, M.D.

#### Mental Health Services

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Carroll, IA 51401

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#### Deb Adams, ARNP

Cara Vogl, ARNP

#### Chronic Care Center

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