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Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
Stacey Vonnahme

- Welcome to Abby Behrens, ARNP
- Easter Services
- April is Donate Life Month

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

We are committed to the health ministry of our sponsors, the Franciscan Sisters of Perpetual Adoration.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

St. Anthony Denison Clinic Adds Family Nurse Practitioner



St. Anthony Regional Hospital is excited to announce the addition of Family Nurse Practitioner Abby Behrens to its team at the St. Anthony Clinic in Denison. Behrens, who began working full-time at the clinic on March 16, is currently accepting patients. In her role, Behrens will work to assist patients with acute and chronic health needs.

“I am excited about the opportunity to return home, to serve the health care needs of patients in Denison and the surrounding communities,” Behrens said. “I value building relationships with patients and take a holistic approach to health care, guided by mutual trust between the provider and the patient. I am committed to continuous education and look to bring my passion for quality health care to my career at the St. Anthony Clinic.”

Behrens, a native of Lohrville, comes to St. Anthony from Southeast Polk Community School District, where she served as a registered nurse for six years. She has nearly decade of experience as a registered nurse, including her time at the University of Nebraska Medical Center Oncology Hematology Special Care Unit. Behrens earned her Bachelor of Science in Nursing from Creighton University and her Master of Science in Nursing from Graceland University.

“St. Anthony is committed to expanding our health care services and offerings to the community of Denison,” said Eric Hamer, Vice President of Regional Operations at St. Anthony Regional Hospital. “We are proud to deliver a talented team of health care providers who are passionate about the quality of health care in west central Iowa.”

Behrens and her husband, Tony, have relocated to Carroll with their two daughters, Hadley, 4, and Mya, 18 months. Tony, originally of Wall Lake, plans to help out on the family farm in Lohrville.

“Tony and I look forward to raising our daughters in a smaller community,” said Behrens, who also expressed her enthusiasm for being close to extended family in west central Iowa. “It has always been a dream of ours to give our children an upbringing similar to what we had, and to remain close to family.”

In their free time, the Behrens enjoy spending time with family; being outdoors for walks, yardwork and visiting the park; and home improvement projects.

**Lord God,
You loved this world so much, That you gave your one and only Son,
That we might be called your children too.
Lord, help us to live in the gladness and grace of Easter Sunday,
everyday.**

Let us have hearts of thankfulness for your sacrifice.

**Let us have eyes that look upon Your grace and rejoice in our
salvation.**

**Help us to walk in that mighty grace and tell your good news to the
world.**

**All for your glory do we pray, Lord,
Amen.**

**EASTER MASS WILL BE CELEBRATED IN THE ST. ANTHONY
NURSING HOME CHAPEL AT 9:30 AM on SUNDAY, APRIL 1ST.**

Adult Medicine

Mark Collison, M.D.

Family Medicine

Patrick Courtney, M.D.

Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Barb Boldt, PA-C

Shelley Diehl, PA-C

Gynecology/Urology

Maria Hernandez, M.D.

OB/GYN

Nelson Lo, M.D.

Charles Svensson, M.D.

Pediatrics

Karla Cheney, M.D.

Susan Teggatz, M.D.

Neurology

Blanca Marky, M.D.

Urology

Richard Sazama, M.D.

St. Anthony Clinic

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Carroll, IA 51401

712-792-2222

Dominick Ervelli, D.O.

St. Anthony Clinic—Westside

235 Hwy 30, Westside, IA 51467

712-663-4371

Jeff Boldt, PA-C

St. Anthony Clinic—Breda

221 Main Street, Breda, IA 51436

712-673-2301

David Nystrom, D.O.

St. Anthony Clinic—Coon Rapids

215 Main, Coon Rapids, IA 50058

712-999-2237

DeRae Schroeder, DNP

Abigail Behrens, ARNP

St. Anthony Clinic—Denison

1820 4th Ave South, Denison, IA 51442

712-263-6116

Michelle Kroeger, ARNP

St. Anthony Clinic—Manning

221 Ann Street, Manning, IA 51455

712-653-2211

Jeff Boldt, PA-C

St. Anthony Clinic—Wall Lake

311 W. First St., Wall Lake, IA 51466

712-664-2800

Randal Hess, M.D.

Radiation/Oncology

St. Anthony Cancer Center

405 S. Clark, Carroll, IA 51401

712-794-5265

Philip Muller, M.D.

Cyndy Johnson, ARNP

Mental Health Services

311 S. Clark St., Ste. 435

Carroll, IA 51401

712-794-5435

St. Anthony Regional Hospital and Iowa Donor Network Inspire to Donate Life



St. Anthony Regional Hospital is pleased to partner with the Iowa Donor Network to inspire Iowa to donate life during National Donate Life Month this April. Throughout Donate Life Month, the organizations will celebrate transplant recipients who have been given a new life, shine light on the many more who are still waiting, and honor donors and their families.

St. Anthony will provide educational opportunities for community members throughout the month. The hospital will also raise awareness of organ donation through a Donate Life flag raising ceremony on Monday, April 2nd.

Every year since 2003, April has been filled with stories to spread the lifesaving message of donation in order to inspire people to register as organ, eye and tissue donors. You can become a donor by registering at www.iowadonornetwork.org.

Approximately 65 percent of adults are registered donors in Iowa. Still, the number of people in need of transplants continues to outpace the number of donor organs. There are 119,000 Americans currently waiting for a life-saving organ transplant, over 700 of those live right here in Iowa. Unfortunately, not all those waiting will receive an organ in time. On average, 22 people die each day in the United States while waiting for a transplant. Registering your decision to become a donor is the most effective way to ensure you can save lives through donation and serves as a sign of hope for those who continue to wait.

WELCOME

New Employees

Jace Hoffman-F & N

Alecia Peters-MSP

Rebecca Conner-OB

Kayla Venner-MSP

Grant Wiederin-F & N

Our Condolences to:

Kaitlin Halbur (Housekeeping) on the loss of her Grandfather.

Dee Schoessler (MSP) on the loss of her Step Son-In-Law.

Marchelle England (BMU) on the loss of her Granddaughter

Katie England (PRN) on the loss of her Niece.

Peg Buman (EDU) on the loss of her Brother.

Susan Kaltved (NH) on the loss of her Niece.

Cassie Riley (BMU) on the loss of her Mother-In-Law.

