

March 16, 2018
Issue 6 Volume 32



Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
Stacey Vonnahme

- Welcome Back to Barb Boldt, PA-C
- Wellness Screening
- Girls Night Out!

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

We are committed to the health ministry of our sponsors, the Franciscan Sisters of Perpetual Adoration.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

St. Anthony Clinic Welcomes Back Certified Physician Assistant, Barb Boldt



St. Anthony Regional Hospital is pleased to welcome back Certified Physician Assistant Barbara Boldt to its team at the St. Anthony Clinic in Carroll. Boldt will began working full-time at the clinic on April 16 and will be accepting patients immediately. In her role, she will collaborate with local physicians, and diagnose and treat patients health needs.

“Working with patients in the community, surrounded by the specialists and talented physicians at St. Anthony is a tremendous opportunity,” Boldt said. “I am proud to serve the

Carroll area, and look forward to growing my skill set and finding new ways to help patients through exciting and challenging times.”

A native of Arcadia, Boldt comes to St. Anthony from the Family and Specialty Medical Center in Carroll. She has nearly 30 years of experience as a physician assistant, including Iowa Physicians in Carroll and at the St. Anthony Manning and Westside Clinics. A graduate of Kuemper Catholic High School, Boldt obtained her Bachelor of Science in General Science from the University of Iowa and her Bachelor of Science with distinction in the Physician Assistant program from the University of Nebraska Medical Center. She was certified as a Physician Assistant by the National Commission on Certification of Physician Assistants in 1988.

Boldt, who overcame her battle with acute lymphoblastic leukemia, a blood and bone marrow cancer, shares that her battle with the disease has made her a better health care provider.

“Battling cancer changed my frame of mind,” Boldt said. “I am better able to communicate with patients who are facing cancer or a serious illness, to relate to their concerns and to share a positive outlook, that there is hope in beating the disease.”

“We are excited to have the talent and skills that Barb brings to St. Anthony,” said Ed Smith, St. Anthony President and CEO “Her passion for helping others aligns with our mission of compassion at St. Anthony. She will make an excellent addition to our team.”

Boldt’s husband, Jeff, is also a physician assistant at the St. Anthony Wall Lake and Breda Clinics. Together, they enjoy spending time with their four children, cooking, attending football games and concerts, bike rides, swimming, and visiting friends.

St. Anthony Regional Hospital & Nursing Home Health Screenings

Employees participating in the St. Anthony Wellness Program and the St. Anthony Insurance Wellness Discount Plan may participate in the Annual Blood Draws on the following dates in the **St. Clare and St. Francis Rooms**:

Wednesday March 21st: 6:00am - 9:00am

Thursday March 22nd: 6:00am - 9:00am

Saturday March 24th: 8:00am - 10:00am

Tuesday March 27th: 6:00am - 9:00am

****Appointments are required call x5111****

Employees participating in the Health Insurance Wellness Discount are **required** to complete;

- **The Blood Draw (If you are on the Family Plan your spouse must also complete the blood draw)**
- **The Wellness Assessment (details of a NEW on-line assessment will be available at the time of the blood draw)**

Call Human Resources at: 712-794-5111 or e-mail mobrien@stanthonyhospital.org to schedule a time.



Space is limited,
please call
712-794-5243 to
RSVP

Wednesday, March 21
Carrollton Centre, Carroll

5:00-6:30pm
Social / Appetizers / Shopping

6:30-8:00pm
FREE Program & Q&A Session
with:
Suzy Feigofsky, M.D., Iowa Heart Center
Tina Flores Schechinger, M.D., St. Anthony Clinic
Michelle Heim, M.D., McFarland Clinic

Join us for candid conversation!

- *Do you have personal questions regarding your health?*
- *Do you find it difficult to find balance and still have time for yourself?*
- *Do you struggle with body image?*
- *Are you constantly exhausted and just going through the motions?*

Let's start the girl talk!

WELCOME

New Employees

Chelsea McCool-NH
Kurtis Ramsey-F&N
Sara Wede-MSP

Truman Haukap-F&N
Ben Zeimen-F&N

Our Condolences to:

Lisa Kouri (Materials Mgmt.) for the loss of her Mother in Law.



Adult Medicine

Mark Collison, M.D.

Family Medicine

Patrick Courtney, M.D.

Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Shelley Diehl, PA-C

Hope Jensen, ARNP

Gynecology/Urology

Maria Hernandez, M.D.

OB/GYN

Nelson Lo, M.D.

Charles Svensson, M.D.

Pediatrics

Karla Cheney, M.D.

Susan Teggatz, M.D.

Neurology

Blanca Marky, M.D.

Urology

Richard Sazama, M.D.

St. Anthony Clinic

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Carroll, IA 51401

712-792-2222

Dominick Ervelli, D.O.

St. Anthony Clinic—Westside

235 Hwy 30, Westside, IA 51467

712-663-4371

Jeff Boldt, PA-C

St. Anthony Clinic—Breda

221 Main Street, Breda, IA 51436

712-673-2301

David Nystrom, D.O.

St. Anthony Clinic—Coon Rapids

215 Main, Coon Rapids, IA 50058

712-999-2237

DeRae Schroeder, DNP

Abigail Behrens, ARNP

St. Anthony Clinic—Denison

1820 4th Ave South, Denison, IA 51442

712-263-6116

Michelle Kroeger, ARNP

St. Anthony Clinic—Manning

221 Ann Street, Manning, IA 51455

712-653-2211

Jeff Boldt, PA-C

St. Anthony Clinic—Wall Lake

311 W. First St., Wall Lake, IA 51466

712-664-2800

Randal Hess, M.D.

Radiation/Oncology

St. Anthony Cancer Center

405 S. Clark, Carroll, IA 51401

712-794-5265

Philip Muller, M.D.

Cyndy Johnson, ARNP

Mental Health Services

311 S. Clark St., Ste. 435

Carroll, IA 51401

712-794-5435