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Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
Stacey Vonnahme

- Rural Health Care Matters to West Central Iowa
- NODA Training
- Service Award Recipients

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

We are committed to the health ministry of our sponsors, the Franciscan Sisters of Perpetual Adoration.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

Thankful in 2018: Rural Health Care Today and Why It Matters to West Central Iowa

For 113 years, St. Anthony Regional Hospital has been providing the best quality care to the residents of Carroll and the surrounding region thanks to highly trained medical staff and top-notch caregivers. This fact remained true in 2017, and we are thankful for (and proud of) the access area residents have to this care.

According to the Iowa Department of Public Health, there are currently 121 hospitals in Iowa. In addition, 90 of Iowa's 99 counties have at least one community hospital, so this means no Iowan resides more than 25 miles from a hospital. This is good news for Iowans, and I am happy to say St. Anthony Regional Hospital plays an important role in ensuring thousands of people in west central Iowa are provided numerous health care options on a daily basis.

Unfortunately, fellow citizens in countless communities across the United States do not enjoy the same benefits we do here in Iowa. In fact, statistics show 122 hospitals have closed nationwide since 2005, and experts say there are more than 600 rural hospitals at risk of closing in the future – a quarter of them within the next 10 years. This is not good news, as hospitals – especially those in rural areas – serve as an important anchor and “economic glue” for a community.

This is why we put so much emphasis on offering a wide range of care options and specialties here at St. Anthony Regional Hospital. It is also why we carefully manage our finances and operations, and take being one of the area's top employers so seriously – as we know our success as a hospital has a direct connection to the overall vibrancy of our area economy. St. Anthony's medical staff and employees also have the privilege of helping people live healthier lives. From birth through the senior years, we have a well-deserved legacy of caring for familiar faces from the community – our family members, neighbors, friends and fellow co-workers, who share a commitment to serving others.

Rest assured, the future for St. Anthony Regional Hospital looks bright, and 2018 is shaping-up to be another good year for the hospital. As other communities around the country struggle in today's health care environment, we are well-positioned to shoulder the many responsibilities expected of a health care provider here in west central Iowa. We love being a part of your communities, but also recognize there are many important things that bind us all together – which, in turn, make us a stronger health care partner for everyone.

This is why we will continue to invest in our people and facilities, and bring new specialists to the area. These are responsibilities we take very seriously. The same can be stressed when you invest in your own health, as I believe you should take a close look where services are offered and always give careful consideration to choosing a Carroll-based specialist or service.

Simply put, St. Anthony Regional Hospital is recognized as a top choice in the state of Iowa for those seeking care. People can be confident they will be treated here by the highest quality physicians and caregivers, close to home. For this, we can all be thankful.

Ed Smith, President and CEO, St. Anthony Regional Hospital & Nursing Home

NO ONE *Dies* ALONE



**Training for new employee / volunteers for the
NODA program will be held:**

**Wednesday, February 21st
10:00-11:00 am OR 2:00-3:00 pm
St. Clare Room, 4th Floor Surgery Center**

*Will you sit quietly with me? Will you take a moment to pray with me?
Will you wait with me?*

Through the efforts of our employee volunteers, the No One Dies Alone program provides a reassuring presence to dying patients who would otherwise be alone.

With support of the nursing staff, compassionate companions offer our patients/residents the most valuable of human gifts—a dignified death.

Be an instrument of Peace to those in need.

**Anyone who is interested in becoming a NODA volunteer at
St. Anthony Regional Hospital and Nursing Home can sign up by
contacting Chaplain Peg Scheidt, in Spiritual Care, extension
5434 or email her at PScheidt@stanthonyhospital.org.
Sign up today!**

WELCOME

New Employees

Kelli Kendall– F&N
Tucker Rotert– MM
Alexus Hahn– F&N
Sunni Lee– Resp Care
Jessica Truitt– F&N
Carlie Hodges– MSP

Cheyenne Koopman– MSP
Grace Friel– F&N
Kristina Grossman– F&N
Kayden Loughran– F&N
Janet Hoffman– PT Fin

Our Condolences to:

Katie Decker (Rad Onc) for the loss of her Brother.
Diana Wiese (Manning) for the loss of her Mother-in-Law.



ST. ANTHONY Clinic

Adult Medicine

Mark Collison, M.D.

Family Medicine

Patrick Courtney, M.D.
Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Shelley Diehl, PA-C

Hope Jensen, ARNP

Gynecology/Urology

Maria Hernandez, M.D.

OB/GYN

Nelson Lo, M.D.

Charles Svensson, M.D.

Pediatrics

Karla Cheney, M.D.

Susan Teggatz, M.D.

Neurology

Blanca Marky, M.D.

Urology

Richard Sazama, M.D.

St. Anthony Clinic

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Carroll, IA 51401

712-792-2222

Dominick Ervelli, D.O.

St. Anthony Clinic– Westside

235 Hwy 30, Westside, IA 51467

712-663-4371

Jeff Boldt, PA-C

St. Anthony Clinic– Breda

221 Main Street, Breda, IA 51436

712-673-2301

David Nystrom, D.O.

St. Anthony Clinic– Coon Rapids

215 Main, Coon Rapids, IA 50058

712-999-2237

DeRae Schroeder, DNP

St. Anthony Clinic– Denison

1820 4th Ave South, Denison, IA 51442

712-263-6116

Michelle Kroeger, ARNP

St. Anthony Clinic– Manning

221 Ann Street, Manning, IA 51455

712-653-2211

Jeff Boldt, PA-C

St. Anthony Clinic– Wall Lake

311 W. First St., Wall Lake, IA 51466

712-664-2800

Randal Hess, M.D.

Radiation/Oncology

St. Anthony Cancer Center

405 S. Clark, Carroll, IA 51401

712-794-5265

Philip Muller, M.D.

Cyndy Johnson, ARNP

Mental Health Services

311 S. Clark St., Ste. 435

Carroll, IA 51401

712-794-5435

2017 St. Anthony Regional Hospital & Nursing Home Service Award Recipients

St. Anthony Regional Hospital & Nursing Home employees were recognized for their years of service at an Employee Recognition Open House held on Wednesday, January 24, 2018. Service tenure awards are given at five-year intervals for all employees who serve continuously at St. Anthony Regional Hospital & Nursing Home. The recognition awards and service pins were presented to the following individuals to honor them for their commitment to St. Anthony:

FIFTY YEARS

Kathy Kerkhoff, Health Information

FORTY YEARS

Ross Hein, Financial Accounting

THIRTY FIVE YEARS

Teri Butler, Laboratory

Linda Irlbeck, Laboratory

Peggy Klocke, Health Information

Jolene Riesselman, Health Information

Jean Uhlenkamp, Quality Management

Charles Whalen, Rehab Services

THIRTY YEARS

Lisa Kouri, Materials Management

Joni Saunders, Respiratory Therapy

TWENTY FIVE YEARS

Mary Brown, Surgery

Claudia Halbur, Infusion Therapy

Janet Janning, Health Information

Karen Leiting, Radiology

Shelly Loew, Quality Management

Vicki Musfeldt, Home Health

Joanne Neppel, Patient Registration

Jayne Pietig, Same Day Surgery

Melissa Schultes, Social Services

Marlies Sturm, OP Mental Health

TWENTY YEARS

Linda Bair, Nursing Home

Randy Eischeid, Information Tech.

Dale Eischeid, Materials Management

Bill Heithoff, Maintenance

Mary Reiling, Home Health

Aura Lee Sibenaller, Nursing Home

Joan Wittrock, Same Day Surgery

FIFTEEN YEARS

Sherri Allman, Med/Surg/Peds

Jennifer Bellinghausen, Med/Surg/Peds

Jim Briggs, Respiratory Therapy

Jane Daniel, N Home Housekeeping

Tanya Danner, Surgery

Kim Eifler, Housekeeping

Paula Johnson, Surgery

Mindi Mandernach, Radiology

Belinda Richards, Critical Care

Amy Tigges, Rehab Services

Jaime Weitzel, Rehab Services

Allen Willenborg, Maintenance

TEN YEARS

Jess Borkowski, Infusion Therapy

Sara Hocker, Infusion Therapy

Lisa Jenkins, Nursing Home

Alison King, Birth Place-Ob

Karen Koster, Rehab Services

Wendy Nelson, Birth Place-Ob

Stephanie Neumayer, Patient Services

Dr. David Nystrom, Clinic

Jill Rath, Med/Surg/Peds

Stephanie Riedell, IP Mental Health

Matthew Scheuermann, Maintenance

Debra St. Peter, Nursing Home

Jacqueline Strabley, Nursing Home

Jessie Venner, Food And Nutrition

Stacey Vonnahme, Foundation

Patrick Williams, Critical Care

Tanya Wurzer, Clinic

FIVE YEARS

Alexa Badding, Nursing Home

Amy Bernholtz, Patient Registration

Nancy Bielenberg, Health Information

Theresa Blum, Orthopedics

Maddi Bock, Nursing Home

Teresa Burbank, Emergency Dept

Dr. Mark Collison, Clinic

Jennifer Ellingson, Same Day Surgery

Katherine England, Nursing Home

Melanie Hundling, Rehab Services

Tara Kane, Med/Surg/Peds

Brooke Klocke, Med/Surg/Peds

Ross Mantz, Nursing Home

Erin Monthei, Pharmacy

Shelby Neubauer, Surgery

Ruth Parker, Nursing Home

Salena Pick, Food And Nutrition

Kim Pietig, Food And Nutrition

Amy Rastetter, Inpatient Mental Health

Chelsie Riedell, Orthopedics

Krystal Schroeder, Orthopedics

Toby Steckler, Laboratory

Aspen Stone, Laboratory

Michelle Tapps, Patient Registration

Roxanne Tilton, Nursing Home

Stacie Venner, Nursing Home

Holly Walker, Nursing Home

Tammie Wetzel, Nursing Home

***Congratulations to all service award recipients and thank you
for your years of service to St. Anthony!***