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Vital Signs Co-Editors:
Alison Bauer
Paula Lambertz
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- HIS-bundle Pacing Surgery Performed at SARH
- Health Screenings Scheduled
- Two new certified family development specialists

Mission

St. Anthony is inspired by faith and committed to excellence.

We are dedicated to improving the health of the people we serve.

We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

We are committed to the health ministry of our sponsors, the Franciscan Sisters of Perpetual Adoration.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

Health, Healing and Hope

Dr. Feigofsky of Iowa Heart Performs First His-bundle Pacing Surgery at St. Anthony



After surviving a heart attack in 1999, Dee Naylor is no stranger to the Iowa Heart Center at St. Anthony Regional Hospital. Following the heart attack, Dee now takes time to look after his heart health in Carroll utilizing Cardiologist Kyle Ulveling, M.D., and Electrophysiologist Suzy Feigofsky, M.D., both of Iowa Heart at St. Anthony Regional Hospital.

Dee said, “During a follow-up visit in November, Dr. Ulveling uncovered an issue. He asked me if I had experienced any light-headedness, so I shared with him that I had two recent spells, one of which resulted in me losing consciousness.” Dr. Ulveling obtained an electrocardiogram (EKG) on that visit, Wednesday, Nov. 8, and collaborated with Dr. Feigofsky.

“The EKG revealed two of the three special bundles of muscle responsible for transmitting each beat in Mr. Naylor’s heart were inactive,” Dr. Ulveling said. “This was a quite concerning, as it explained his blackout episodes and warranted action. Typically, Mr. Naylor’s symptoms can be prevented in the future by inserting a permanent pacemaker. West central Iowa is extremely lucky to have a resource like Dr. Feigofsky who can perform both standard device implants and emerging procedures, such as what Mr. Naylor underwent.”

“Dr. Ulveling is a treasure,” Jean said. “It’s fantastic that we don’t have to travel far for quality care, and that we continue Dee’s health care discussions with a doctor who is familiar with his background and condition. Without our relationship with Dr. Ulveling, I’m not sure we would have resolved Dee’s condition in time.”

Dee and Jean met with Dr. Feigofsky and determined that he was in need of a pacemaker. On Thursday, Nov. 16, Dee underwent His-bundle pacemaker surgery – the first of its kind by Iowa Heart at St. Anthony – under the care of Dr. Feigofsky, who specializes in heart rhythm disorders and pacemaker and defibrillator implantation.

“His-bundle pacing differs from traditional right ventricular pacing. We are using the heart’s natural conduction system cells, rather than pacing a muscle cell,” Dr. Feigofsky said. “In the long-term this is better for the heart, as His-bundle pacing is more physiologic than traditional right ventricular pacing. This reduces the potential for pacemaker-mediated cardiomyopathy [a weakened heart muscle] from chronic right ventricular pacing.”

Dr. Feigofsky utilized a Medtronic His-bundle pacing device for Dee’s procedure. To date, only a few have been implanted in patients throughout the state of Iowa. To the organization’s knowledge, this was the first His-bundle pacemaker implanted outside of a specialized electrophysiology lab.

“You don’t have to be at a Mayo Clinic to receive the highest quality of care,” Dr. Feigofsky said. “It’s about finding physicians who are motivated to be the best, to give the best possible care to patients – and you can get that in Carroll. As technology continues to improve and medical device engineers get a feel for how surgeons are performing these types of surgeries, we will continue to see progress and an increase in His-bundle pacing procedures.”

St. Anthony Regional Hospital & Nursing Home Health Screenings

Employees participating in the St. Anthony Wellness Program and the St. Anthony Insurance Wellness Discount Plan may participate in the Annual Blood Draws on the following dates in the **St. Clare and St. Francis Rooms**:

Four dates to choose from:

Wednesday March 21st: 6:00am - 9:00am Thursday March 22nd: 6:00am - 9:00am
Saturday March 24th: 8:00am - 10:00am Tuesday March 27th: 6:00am - 9:00am

****Appointments are required. Call extension 5111****

Employees participating in the Health Insurance Wellness Discount are **required** to complete;

- the Blood Draw (If you are on the Family Plan your spouse must also complete the blood draw)
- the Wellness Assessment (details of a **NEW** on-line assessment will be available at the time of the blood draw)

Call Human Resources at: 712-794-5111 or e-mail mobrien@stanthonyhospital.org to schedule a time. Please do not inquire at the St. Anthony Lab.



WELCOME

New Employees

Yajaira Ramirez– MBU
Abigail Behrens– Clinic

Jackeline Hernandez– Housekeeping

St. Anthony Congratulates H.O.P.E.S. Staff

St. Anthony Regional Hospital extends its congratulations to two Healthy Opportunities for Parents to Experience Success (H.O.P.E.S.) team members, Miranda Sliefert and Toni King, for becoming certified family development specialists on Jan. 5, 2018.



"This is a great achievement for Toni and Miranda, as well as St. Anthony Regional Hospital," said Sara Skinner, H.O.P.E.S. Coordinator, who has also earned her family support supervision certification. "We are always working hard to develop as professionals."

Sliefert and King spent eight days attending the nationally-recognized certification training, offered through the University of Iowa – National Resource Center for Family Centered Practice, to become the first family development certified specialists at St. Anthony.

The certification course teaches the Family Development Model, which focuses on areas including family engagement, assessment, goal setting and action planning, cultural competence, community development, case closure, and worker safety and self-care.

H.O.P.E.S. is a voluntary in-home visitation program, provided through St. Anthony Regional Hospital, available to expecting parents and those with children age 4 and under, living in Carroll County. H.O.P.E.S. staff visit families in their homes to provide parents with support to be successful, loving, nurturing and happy parents. Information is offered on topics such as: pregnancy, health and child development, school readiness, social skills, discipline, parenting skills, and many others. There is no charge for this program. For more information about the H.O.P.E.S. program, please call Sara Skinner at (712) 794-5623 or email sskinner@stanthonyhospital.org.

Our Condolences to:

Randy Mahnke (Surgery) for the loss of his Mother.
Linda Bair (NH) for the loss of her Husband.
Tasha Bair (Housekeeping) for the loss of her Father.



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Family Medicine

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Tina Flores Schechinger, M.D.

David Nystrom, D.O.

Shelley Diehl, PA-C

Hope Jensen, ARNP

Gynecology/Urology

Maria Hernandez, M.D.

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Nelson Lo, M.D.

Charles Svensson, M.D.

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