

December 21, 2018  
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Vital Signs Co-Editors:  
Alison Bauer  
Paula Lambertz  
Stacey Vonnahme

- Williams Family Overcomes Infertility
- Christmas Party Door Prizes Announced
- Employee Gift Giving

### Mission

*St. Anthony is inspired by faith and committed to excellence.*

*We are dedicated to improving the health of the people we serve.*

*We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region. We are committed to the health ministry of our sponsors, St. Anthony Ministries.*

### Vision

*As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.*

### Mantra

*Health, Healing and Hope*

## St. Anthony Nurse Defies Odds after Fertility Assistance, Welcomes First Child at Hospital

At the age of 18, Cassie Williams was told by her obstetrician in Iowa City that she would never be able to have children. The reason – she was diagnosed with polycystic ovarian disease, a hormonal disorder that causes enlarged ovaries with small cysts on the outer edges.

Just 13 years later, Williams, a registered nurse at St. Anthony in the surgery department, met her husband, Patrick, who is also a registered nurse in the intensive care unit.

The couple married in October 2016, and decided to move forward with the hopes of having a child. They sought fertility assistance from two different obstetricians. Still unsuccessful in becoming pregnant after more than a year and multiple rounds of Clomid, an oral medication used to stimulate ovulation, Williams felt defeated.

“I was ready to give up,” Williams said. “The medication changed my hormones, making me feel different, and we believed having a baby may not be in the cards for us.”

Luckily for the couple, OB/GYN Charles Svensson, M.D., joined the team at St. Anthony, in February 2017.

“When a couple experiences difficulty getting pregnant, it can be extremely frustrating. They’ve often been trying to conceive for several months or years, and are often left with the questions – Why is something so easy for some, so difficult for me? What is wrong with me?” Dr. Svensson said. “It is very rewarding to figure out what’s going on, and to help couples achieve their dream of starting a family.”

Test results revealed that Williams was not ovulating. Dr. Svensson prescribed Clomid at four times the strength Williams had previously used. She began taking Clomid in July 2017, and within four cycles, Williams was pregnant.

“I took the pregnancy test the day after Thanksgiving and discovered we were pregnant!” Williams said. “We were so grateful for Dr. Svensson and believe his combination of experience and patience made all the difference.”

“Dr. Svensson was amazing. I experienced some complications and pre-term labor issues, including cardiac issues due to the baby pushing up on my lungs,” Williams said. “I was referred to Cardiologist, Dr. [Kyle] Ulveling of Iowa Heart Center at St. Anthony, who prescribed medication, making it possible for me to continue to work through the pregnancy.”

On Thursday, July 5 at 9:38 a.m., Patrick Shawn Williams, Jr. entered the world via Caesarean section at 8 pounds, 3 ounces and 19 and a half inches long.

“The experience was overwhelmingly emotional,” said Williams. “The surgery went wonderfully. I experienced minimal pain and was up and walking around the same day.”

“I want other people to know that they shouldn’t give up or make their decision on having children based on the advice of one provider,” Williams said. “There are options out there and experienced physicians who can help.”





# Christmas Celebration Door Prize Winners!

## Godfather's

Ali Pudenz – Wall Lake Clinic  
Deana Slater – Nursing Home  
Jill Schultes – Dialysis  
Joseph Stipe – Lab  
Liz VanZuiden – Garden View

## Jaliscos

Belinda Richards – CCU  
Katie Towers – Education  
Karen O'Leary – Rehab Services  
Janet Janning – Health Info Mgmt  
Shelley Diehl – St Anthony Clinic

## Queen Beans

Sr. Santhy – Nursing Home  
Melanie Bauer – Same Day Surgery  
Gail Dentlinger – NH Housekeeping  
Connie Wyatt – Radiology  
Eileen Prebeck – Food and Nutrition

## Subway

Lisa Stoelk – Financial Accounting  
Paula McCrea – Patient Services  
Tanya Danner – Surgery  
Cathy Tigges – PAR  
Dale Eischeid – Materials Management

**Thank you** to everyone who has contributed to our 2018-2019 employee giving campaign. So far, **146 employees** have returned their donor cards and their donations total **over \$98,000!** Because we know there are more people that have intentions to turn in their cards, we decided to draw some of the prizes today and give you another week to return your cards so you have a chance to be entered in **another drawing to be held next Friday, December 21<sup>st</sup>!**

*Check your email for a donor card form in case you have lost yours and would like to fill one out yet.*

**Congratulations to the following winners of the event passes and premium parking spots. Please contact Stacey Vonnahme at ext. 5287 if you have won event tickets.**

January 2019 Parking: .....Jane Hackfort, Same Day Surgery  
February 2019 Parking: .....Kas Clausen, Administration  
March 2019 Parking: .....Al Willenborg, Maintenance  
April 2019 Parking: .....Sandra Holland, CCU

\$30 Certificate to Seven Oaks in Boone:.....Connie Janning, Human Resources  
ISU Womens Basketball Tickets: .....Bailee Schleisman, Patient Services  
Iowa Wolves Basketball Tickets: .....Christy Poland, Materials Mgmt  
Iowa Wild Hockey Game Tickets: .....Marissa Donahue, Food & Nutrition

**Thank you to everyone for your tremendous support of this year's campaign!**

# WELCOME

## New Employees

April Peterson– Patient Registration

## Our Condolences to:

Marcia Woerdehoff (MH) for the loss of her mother.



**Adult Medicine**  
Mark Collison, M.D.  
**Family Medicine**  
Patrick Courtney, M.D.  
Tina Flores Schechinger, M.D.  
David Nystrom, D.O.  
Barb Boldt, PA-C  
Shelley Diehl, PA-C  
**Gynecology/Urology**  
Maria Hernandez, M.D.  
**OB/GYN**  
Nelson Lo, M.D.  
Charles Svensson, M.D.  
**Pediatrics**  
Karla Cheney, M.D.  
Susan Teggatz, M.D.  
**Neurology**  
Blanca Marky, M.D.  
**Urology**  
Richard Sazama, M.D.  
**St. Anthony Clinic**  
405 S. Clark St.  
Carroll, IA 51401  
712-792-2222

Jeff Boldt, PA-C  
**St. Anthony Clinic–Breda**  
221 Main Street, Breda, IA 51436  
712-673-2301  
David Nystrom, D.O.  
**St. Anthony Clinic–Coon Rapids**  
215 Main, Coon Rapids, IA 50058  
712-999-2237  
DeRae Schroeder, DNP  
Abby Behrens, ARNP  
**St. Anthony Clinic–Denison**  
1820 4th Ave South, Denison, IA 51442  
712-263-6116  
Michelle Kroeger, ARNP  
**St. Anthony Clinic–Manning**  
221 Ann Street, Manning, IA 51455  
712-653-2211  
Jeff Boldt, PA-C  
**St. Anthony Clinic–Wall Lake**  
311 W. First St., Wall Lake, IA 51466  
712-664-2800  
Dominick Ervelli, D.O.  
**St. Anthony Clinic–Westside**  
235 Hwy 30, Westside, IA 51467  
712-663-4371

Randal Hess, M.D.  
**Radiation/Oncology**  
St. Anthony Cancer Center  
405 S. Clark, Carroll, IA 51401  
712-794-5265

Amy Canuso, D.O.  
Cyndi Johnson, ARNP  
Philip Muller, M.D.  
**Mental Health Services**  
311 S. Clark St., Ste. 435  
Carroll, IA 51401  
712-794-5435

Deb Adams, ARNP  
Cara Vogl, ARNP  
**Chronic Care Center**  
311 S. Clark St.  
Carroll, IA 51401  
712-794-5901