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Vital Signs Co-Editors:  
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- Denison Couple Chooses St. Anthony
- Employee Christmas Celebrations

### Mission

*St. Anthony is inspired by faith and committed to excellence.*

*We are dedicated to improving the health of the people we serve.*

*We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.*

*We are committed to the health ministry of our sponsors, St. Anthony Ministries.*

### Vision

*As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.*

### Mantra

*Health, Healing and Hope*

## Denison Couple Chooses St. Anthony, Welcomes First Baby Girl

Claire Marie Boettger entered the world Monday, July 30<sup>th</sup> at St. Anthony Regional Hospital in Carroll. She was welcomed by her parents, Neil and Juli Boettger of Denison. Overwhelmed with joy, Neil and Juli shared that the entire pregnancy and delivery process was outstanding, thanks in no small part to the care of Obstetrician Nelson Lo, M.D. of St. Anthony Clinic in Carroll.

“From the beginning, I decided that I wanted to see an OB/GYN,” Juli said. “Several of my friends had great experiences with Dr. Lo, and I wanted the same type of care for the birth of my first child. Throughout the process, Dr. Lo and the nurses at St. Anthony were there for us – that’s a feeling you don’t always find. When I lived in Des Moines, I didn’t feel a close connection with my medical providers. We knew this would be the biggest day of our lives, and we wanted it to be a happy experience.”



The Boettgers are the third generation of farmers to live on Neil’s family farm just outside of Denison, where they have resided since they married in March 2017. The trip to attend her obstetric appointments, though Juli admits was never a hassle, became easier in April 2018 when she took a job with Farm Credit Services of America in Carroll.

“I saw Dr. Lo at every appointment, and that was important to me. He and the nursing staff were thorough, patient, personable, and available to answer my questions at all times,” Juli said. “Dr. Lo also has an ultrasound machine in his office, so he could check the progress of my pregnancy, which included identifying my placenta previa and the fact that Claire was breech.”

From there, a cesarean section was scheduled. Dr. Lo took extra precaution to ensure the c-section was necessary, even performing an ultrasound to make certain the baby was in fact still breech. Juli shares that the c-section went perfectly, and she was reassured as Dr. Lo, the anesthesiologist, and nursing staff made every effort to make her comfortable.



“In addition to our health and safety, the medical team at St. Anthony went the extra mile to provide comfort,” Juli said. “I became nauseous lying on my back, so the anesthesiologist provided anti-nausea medication. The operating room was kept cold for medical reasons, but the nurses made sure I had a warmed blanket. The entire team encouraged me and were by my side throughout the entire process.”

During her stay at the hospital, Juli was impressed by the attentiveness of the staff at St. Anthony, from Dr. Lo who checked her incision every day following the operation, to The Birth Place nurses, Ginny and Morgan, who kept her as comfortable and free of pain as possible. From start to finish, the Boettgers’ felt that the decision to deliver at St. Anthony was the right choice.

“Everything about the process was seamless with Dr. Lo,” Juli said. “From my initial visit and discussing trying to get pregnant to the delivery and post-op care, the process was smooth, and I felt quite comfortable. We had access to Dr. Lo throughout my pregnancy, and that combined with his reputation, made all the difference in this momentous life event.”



# HAPPY Holidays!

You and a guest are invited to the  
St. Anthony Regional Hospital & Nursing home  
**CHRISTMAS CELEBRATION!**

Please join us **Friday, December 7, 2018**  
for lunch or dinner on 4th floor- Surgery Center.

Lunch served from 10:30am- 1:15 pm  
Dinner served from 4:30pm- 6:00 pm  
Lunch and Dinner served by Lidderdale Country Store.

# WELCOME

## New Employees

Celeste Gonzales – F&N

Tracy Trevino – F&N

Thank you to everyone who has attended a meeting about the employee campaign. Cancer touches everyone in our community. Staff are already speaking positively about our project to build a new cancer center on the St. Anthony campus. The Employee Leadership Team set the goal of this campaign for 100% participation – at any level – from every employee of St. Anthony as a statement about the importance of the project. Your gift, added to other's gifts, will help us reach our goal.

*"The radiation therapy equipment in the new cancer center will provide us with the opportunity to reduce radiation side effects, increase patient comfort, and provide services never before offered at St. Anthony. I am truly excited to give my support and be a part of a highly advanced cancer center that this area not only needs, but deserves."* **Katie Decker**, Certified Medical Dosimetrist

*"Cancer has become a personal thing to me and my family which is why Tim and I feel it is a privilege to pledge to this campaign. We want to be assured there is a regional center for people to come to for their treatment."* **Barb Toohey, RN, BSN, MSHSA**, Director Quality Management

You can make a one-time gift, choose payroll deduction, or donate vacation hours to the project. Donation forms may be returned to the Foundation office or Human Resources on 4<sup>th</sup> floor of the Surgery Building. If you have any questions, please contact Trish Roberts or Stacey Vonnahme in the Foundation office at 794-5287.

**Thank you for your support and  
have a wonderful holiday season!**

*thank you*

### Our Condolences to:

Joyce Masching (Lab) for the loss of her sister-in-law.  
Deon Rowedder (Nursing Home) for the loss of her brother.  
Baylen Mikkelsen (Rehab) for the loss of her brother.



# ST. ANTHONY Clinic

**Adult Medicine**  
Mark Collison, M.D.  
**Family Medicine**  
Patrick Courtney, M.D.  
Tina Flores Schechinger, M.D.  
David Nystrom, D.O.  
Barb Boldt, PA-C  
Shelley Diehl, PA-C  
**Gynecology/Urology**  
Maria Hernandez, M.D.  
**OB/GYN**  
Nelson Lo, M.D.  
Charles Svensson, M.D.  
**Pediatrics**  
Karla Cheney, M.D.  
Susan Teggatz, M.D.  
**Neurology**  
Blanca Marky, M.D.  
**Urology**  
Richard Sazama, M.D.  
**St. Anthony Clinic**  
405 S. Clark St.  
Carroll, IA 51401  
712-792-2222

**Jeff Boldt, PA-C**  
**St. Anthony Clinic-Breda**  
221 Main Street, Breda, IA 51436  
712-673-2301  
**David Nystrom, D.O.**  
**St. Anthony Clinic-Coon Rapids**  
215 Main, Coon Rapids, IA 50058  
712-999-2237  
**DeRae Schroeder, DNP**  
**Abby Behrens, ARNP**  
**St. Anthony Clinic-Denison**  
1820 4th Ave South, Denison, IA 51442  
712-263-6116  
**Michelle Kroeger, ARNP**  
**St. Anthony Clinic-Manning**  
221 Ann Street, Manning, IA 51455  
712-653-2211  
**Jeff Boldt, PA-C**  
**St. Anthony Clinic-Wall Lake**  
311 W. First St., Wall Lake, IA 51466  
712-664-2800  
**Dominick Ervelli, D.O.**  
**St. Anthony Clinic-Westside**  
235 Hwy 30, Westside, IA 51467  
712-663-4371

**Randal Hess, M.D.**  
**Radiation/Oncology**  
**St. Anthony Cancer Center**  
405 S. Clark, Carroll, IA 51401  
712-794-5265

**Amy Canuso, D.O.**  
**Cyndi Johnson, ARNP**  
**Philip Muller, M.D.**  
**Mental Health Services**  
311 S. Clark St., Ste. 435  
Carroll, IA 51401  
712-794-5435

**Deb Adams, ARNP**  
**Cara Vogl, ARNP**  
**Chronic Care Center**  
311 S. Clark St.  
Carroll, IA 51401  
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