

Café St. Anthony Breakfast

November 18th – November 24th, 2019

Breakfast 7:00am – 9:30am

Lunch 10:30am – 1:15pm

Dinner 4:30pm – 6:30pm

Soup, Salad, Deli 10:30am – 6:45pm

Monday

French Toast
Scrambled Eggs
with Cheese
Bacon
Hashbrowns
Oatmeal Bar
with Weighed
Toppings

Tuesday

Breakfast Pizza
Pancakes with
Blueberry Sauce
Sausage
Hashbrowns
Scrambled Eggs

Wednesday

Pancakes
Poached
Eggs
Bacon
Hashbrowns
Oatmeal Bar
with
Weighed
Toppings

Thursday

Pancakes
Scrambled
Eggs with
Cheese
Sausage
Hashbrowns
Oatmeal

Friday

Biscuits with
Gravy
French Toast
Bacon
Hashbrowns
Oatmeal
Scrambled Eggs

Saturday

Pancakes with
Blueberry Sauce
Scrambled
Eggs
Sausage
Hashbrowns

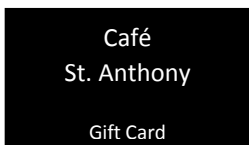
Sunday

Pancakes
Scrambled
Eggs with
Cheese
Bacon
Hashbrowns
Oatmeal

On Sale for You

Lighter Choice
Main Courses
 ≤500 Calories
 ≤550mg Sodium
 ≤5g Saturated Fat
Items
 ≤200 Calories
 ≤200mg Sodium
 ≤2g Saturated Fat

Gift Cards Available!



Menu Subject to Change based on product availability.



Café St. Anthony Lunch / Dinner

November 18th – November 24th, 2019

Breakfast 7:00am – 9:30am

Lunch 10:30am – 1:15pm

Dinner 4:30pm – 6:30pm

Soup, Salad, Deli 10:30am – 6:45pm

Monday

TYO Taco Salad
Beef Lasagna
Green Beans ✓
California Medley ✓
Baked Potatoes ✓
Garlic Bread
Straight Cut Fries
Tomato Soup

Tuesday

Tuscan Glazed Chicken Breast ✓
Meatloaf
Mixed Beans & Carrots ✓
Creamed Corn
Mashed Potatoes ✓
Tator Tots
Broccoli Cheese Soup

Wednesday

Roast Beef
Chicken Nuggets
Carrots ✓
Peas ✓
Mashed Potatoes ✓
Straight Cut Fries
Chicken Noodle Soup

Thursday

Sausage Pizza
Breaded Chicken Sandwich
Broccoli & Cauliflower ✓
Corn
Baked Potatoes ✓
Tator Tots
Vegetable Soup

Friday

Pepper Steak over Rice
Chicken Strips
Peas & Carrots
Broccoli
Parslied Potatoes
Steamed Rice
Straight Fries
Chicken Dumpling Soup
TYO Sundaes Bar will be available the last Friday of each month

Saturday

Roast Beef
Baked Alaskan Sole
Mixed Vegetables ✓
California Medley ✓
Mashed Potatoes ✓
Tator Tots
Potato Soup

Sunday

Herb Roasted Chicken Breast
BBQ Spare Rib
Green Bean Casserole
Peas ✓
Mashed Potatoes ✓
Straight Fries
Ham & Bean Soup

On Sale for You!

- Lighter Choice**
- Main Courses**
- ✓ ≤500 Calories
 - ✓ ≤550mg Sodium
 - ✓ ≤5g Saturated Fat
- Items**
- ✓ ≤200 Calories
 - ✓ ≤200mg Sodium
 - ✓ ≤2g Saturated Fat

Gift Cards Available!

Café
St. Anthony
Gift Card

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Flavored Salad Bar Dressings go great with our fresh sandwiches & wraps. Pour your favorite dressing into a plastic cup, then weigh & pay for the dressing.