

OCT-DEC 2024

*The Residents  
don't happen to live  
where we work;  
We happen to work  
in their home.*



## ACTIVITY CORNER

It's hard to believe three months have gone by since our last newsletter. The residents had a great summer with many days outdoors enjoying the sunshine, lemonade, strolls in the courtyard, picking fresh cherry tomatoes to eat, and enjoying each other's company. They were able to shuck sweet corn and enjoy it with their lunch. We've had a grand time at our own State Fair in the chapel. Thank you to all the volunteers that helped make that happen! Many residents took advantage of our golf cart rides made possible by Jet's Outdoor Power and we thank them very much for letting us borrow their golf carts each month. We've had many successful bus rides that included going to see the Lake View, Auburn, and Breda areas, getting ice cream at Dairy Mart in Glidden then touring around Scranton and Churdan. Going to Deal's Orchard and bringing back some tasty apples and cider, and lastly fishing at Swan Lake! We have many more fun trips planned in the months to come.

Fall is officially upon us. We will continue to take advantage of as many days

outdoors as we can. We will take a chance at pumpkin bowling. Residents will be decorating pumpkins and we will have our yearly contest that all can vote for their favorite the week prior to Halloween and that winner will receive a special prize at our party. On the 31<sup>st</sup> we will have a resident Halloween party in the afternoon at 3pm followed by trick-or-treating from 430p-5p for grandchildren of residents and children of St. Anthony Staff. This will all take place in our 2<sup>nd</sup> floor dining room so tell your families to have their little ones stop by for some goodies!

As you can imagine we will be in need of a lot of small pumpkins and a bunch of mini Halloween candy for the residents to pass out. If you know of anyone that has 3 dozen small pumpkins and gourds or wanting to donate bags of candy please have them call Angie at 712-794-5289 by October 14<sup>th</sup>. New this year we will also have a candy monster in the entryway that staff or family members can feed! These bags of candy will be used towards our trick-or-treaters. We would gladly accept monetary donations as well.

For the upcoming general election we went around and asked residents if they'd like to vote. Those that wanted to we let the

Carroll County Auditors office know; they verified that they are registered, and are sending requests for absentee ballots to us. The Auditors Office will then send representatives for each party on Tuesday, October 22<sup>nd</sup> and assist the residents with voting.

I hate to even mention Christmas already but since the next newsletter will not be out until the 1<sup>st</sup> week of January I wanted to let everyone know that we plan on resident Christmas parties shortly before Christmas in which families are welcome to join us. We will have goodies and refreshments for everyone. Residents will receive their Secret Angel gifts during these times as well. Exact dates to be announced later.

With the holidays approaching we want to remind everyone that the Courtyard Gardens room is available to reserve. This is at no cost and available after 5p during the week and anytime Saturdays and Sundays. There is a refrigerator, microwave, sink, instant coffee maker to use and a restroom. It comfortably holds up to 25 people and there is access to our courtyard from there. To reserve call Angie at 712-794-5289 or Renee at 794-5758.

Bountiful blessings to you all!

Angie, Donna, Jamie, & Whitney



## ALZHEIMER'S SUPPORT GROUP

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The monthly Alzheimer's Support Group meetings will be on October 16, November 20 and December 18.

Meetings are held every third Wednesday each month at

1:30 p.m. at the Community Meeting Room at the Carroll Public Library, 118 East 5th Street, Carroll, IA.

Everyone is invited and the meetings last about a hour.

Any questions? Call Luanne Kustra at (712) 794-5395.



## FOOD AND NUTRITION NEWS

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### Thanksgiving Fun!

Thanksgiving is a time to be grateful for the gifts we receive throughout the year. I am thankful for my family, health, my job and many other things. At Thanksgiving we also think about the good food we eat and the time we spend with family and friends. Do you have a special tradition in your family? We usually have Thanksgiving at our house. I cook a relatively simple meal - turkey, mashed potatoes, gravy, sweet corn, homemade dinner rolls, and

pumpkin pie, and then we play games as a family. My son likes to tell jokes, so I thought I would give you a few Thanksgiving jokes to brighten your day.

John: I was going to serve sweet potatoes with Thanksgiving dinner, but I sat on them.

Tom: What are you serving instead?

John: Squash.

If April showers bring May flowers, what do May flowers bring?  
Pilgrims!

Billy: I can't wait to go to

Grandma's house for Thanksgiving. My cousins going to be there, and he has 3 feet!

Willie: Wow! How'd that happen?

Billy: I don't know. My aunt wrote my parents and said, "You won't recognize little Howie. He's grown another foot."

What do you wear to Thanksgiving dinner?  
A Har- VEST.

Wishing You a Happy, Healthy and Fun Thanksgiving!

Catherine Wernimont, RD, LD

## SOCIAL SERVICES



**Laundry:** Please keep in mind when purchasing clothing for your loved one, we aren't able to do special washing loads such as delicate. We only have a commercial washer and it will damage clothing that require

special washing.

When you bring new clothes, pillows and blankets in to the nursing home, please alert staff so that items can be marked with an iron-on label please include a note of resident's name with the articles that need to be labeled.

With Fall here and cooler temperatures, we want to remind our families that they will want to assist their loved one with cleaning out their

closets and drawers and take home any items that their loved ones are not using. As you are going through your loved one's closet to transition to fall please let us know if there are items you are looking for.

Any questions can contact Luanne Kustra, Social Worker 712-794-5395.



## FAMILY COUNCIL

**Meetings are on the 1<sup>st</sup>  
Tuesday of every month,  
4:30-5:30 PM 2 ways to join!**

- On location: Courtyard  
Garden Conference Room  
(1st floor of nursing home)

Join Zoom:

<https://nursinghome411.zoom>.

[us/j/89671377183?pwd=96UTeRHdQEARboqKBaiw0bgfUyqY6o.1](https://us/j/89671377183?pwd=96UTeRHdQEARboqKBaiw0bgfUyqY6o.1)

Meeting ID: **896 7137 7183**

Passcode: **352826**

One tap mobile:

**+16469313860,,89671377183#,,\*352826# US**

Dial by your location: **+1 646**

**931 3860 US**

Meeting ID: **896 7137 7183**

Passcode: **352826**

*For more information or questions,  
contact:*

Randi Boell Phn# 712-210-0505

(text or call) Email

[randi.boell@gmail.com](mailto:randi.boell@gmail.com)

## OUR DEEPEST SYMPATHY

In this difficult time when we have lost someone we have held close, the residents and employees of St. Anthony Nursing Home conveys heartfelt sympathy. Our

prayers and thoughts are with you.

We remember:

- ♦ Dale Wittry
- ♦ Velma Riesselman
- ♦ Earl Vogl

- ♦ Dennis Streeter
- ♦ Maryls Devries
- ♦ Margaret Heithoff



## NOTES FROM SPIRITUAL CARE

*Holidays are about creating cherished memories with loved ones and finding again the simplest moments. ~ Jeremiah Say*

As fall comes, so comes the holidays. There are big ones coming up in the calendar, so I hope you are excited and ready for it. Thanksgiving and Christmas are just some of the big ones. Praise be to God that there is time between all them because it allows us to experience each one fully.

As a kid, I looked forward to changing of leaves, families and friends gatherings, and meals around the table. It was a precious and formative time for me. I have many good memories of this season.

So, this is a wonderful time of the year and I hope you cherish every minute of it. Gather with your family and friends because it makes the time more special.

For Christmas, poinsettias will be ordered for the chapel. Each poinsettias will be \$25. Please send cash or checks to Luanne or I along with the name that you would like to memorialize. More details will follow in regards to when it is due.

There will be Mass on Christmas Day at 9:30am with Fr. Snyder presiding. You and your family are invited to attend. Also if you would like to send Mass

intentions, please let me or Luanne know.

Another year with Jesus!  
I thank Thee, Lord, today  
For Thy unfailing presence  
Along life's rugged way.  
Guide me, O blest Redeemer,  
Teach me to do Thy will,  
And Thine own perfect  
purpose  
In me each day fulfill.  
—Avis Christiansen

May God Bless You,  
Chaplain Angelo





## BIRTHDAYS

### October Resident Birthdays:

- Oct 2— John Ingalls
- Oct 2—Betty Venteicher
- Oct 3—Ruth Tigges
- Oct 9—Margaret Tigges
- Oct 16—Myra Stangl
- Oct 18—Ryta Freese
- Oct 28—Ann McHugh
- Oct 31— Deb Young

### October Employee Birthdays:

- Oct 7— Donna Pemble
- Oct 10—Sr. Jovitha Mtenga
- Oct 13—Tammie Wetzel
- Oct 18—Esther Van Horn
- Oct 20—Angie Potthoff

### November Resident Birthdays:

- Nov 4—Lois Sturm
- Nov 9—Dean Boell
- Nov 10—Leona Schmitz
- Nov 15—Randy Warnke
- Nov 20—Rose Chapman

### November Employee Birthdays:

- Nov 9— Lisa Jenkins
- Nov 9— Deborah Steadman
- Nov 12— Heather Curnyn
- Nov 15— Kaci Peter
- Nov 20—Ronda Nepper
- Nov 22—Hannah Andersen
- Nov 25—Deb St. Peter

### December Resident Birthdays:

- Dec 1—Bob Heisterkamp
- Dec 11—Elsie Hausman
- Dec 19—Violet Mulloy
- Dec 21—Mary T Hoffmann
- Dec 24—Mary Schultz
- Dec 27—Fritz Riesselman
- Dec 29—Joan Trobak
- Dec 30—Ann Topf
- Dec 31—Karen Gingery
- Dec 31—Sandy Hill

### December Employee Birthdays

- Dec 5—Annette Douglas

- Dec 11—Sr. Carolina Assenga
- Dec 11—Aricka Sibenaller
- Dec 12—Marilyn Kruger
- Dec 13—Sr. Therese Maliackal
- Dec 14—Jammie Venteicher
- Dec 17—Samantha Simmons
- Dec 25—Christy Sturm
- Dec 27—Sr. Eleonora Shirima
- Dec 29—Agnes Onditi



## NEW RESIDENTS

Claire Pudenz, Randy Warnke, Joan Troback, Dave Wolterman, Rose Pottebaum, Paul Venner, Mary Jane Collison, Bev Rolfes and Deb Young

## THANK YOU!

### Religious Services

Fr. Hoffman, Fr. Schrad, Fr. Snyder, Fr. Schott, Glen and Dottie Heithoff, Noreen Halverman, Char Rupiper, Lorraine Danner, Joan Bernholtz, Pat Sanders, Diane Boell, Pudy, Diane, Tom Schmitz, Jean Haviland, Denise Higgins, Roselyn Diers, Sheryl Wegner, Winnie Potthoff

### Devotions

Angelo Luis, Pastor Robert-Immanuel Lutheran, Pastor Terry-United Methodist

### Nursing Home Volunteers

Betty Riesenberg, Pat Schultes, Mary Swanson, Elaine Pottebaum, Marlene Riesberg, Betty Juergens, Jean Knobbe, Pat Schultes, Knobbe Singers, RSVP Singers, Ed Smith, Linda Steinkamp, Joleen Wiederin, Jan Sigler, Gail Dentlinger, Cindy Haubrich, Kathi Peters, Monica Klocke, Sherry Anderson, St. Lawrence Ladies

### Donations

LaVonne Thobe—Lap Blankets, Catholic Daughters—Rosaries, Availa

Bank—Carnations for Senior Day, Pat Miller—Bingo Prizes, Betty Riesenberg—Watermelons and Bingo Prizes, Robert and Esther Trausch—Watermelons, Ann Chambers—Candy for Staff, Maryls Devries Family—Lift Chair, Margaret Heithoff Family—Lift Chair and Meat & Cheese Tray for Staff

**THANK YOU**

# Fight<sup>the</sup> Flu



**Cover  
your cough.**

**Wash  
your hands.**

**Stay home  
when sick.**

**Get  
vaccinated.**

It is that time of year again – the respiratory illness season. Fortunately we have a few things we can do to help fight them! Here at St. Anthony Nursing Home we **STRONGLY** recommend vaccination annually for influenza, this will help provide the best protection available to your loved ones! Other options that are available for your loved ones could be the Respiratory Syncytial Virus (RSV) vaccine. This was a new option last year, some of your loved ones may have already received this. Currently the RSV vaccine is not an annual vaccine so if they have received it, another is not necessary at this time. The COVID booster has been updated for the fall season as well. Unfortunately, we cannot offer it like we have in the past, but we are working with a local pharmacy to come to the Nursing Home and administer them for anyone who would like to receive the updated booster. Lastly, check if your loved ones Primary Care Provider (PCP) and see if they have received the pneumonia vaccine, or if they would benefit from receiving it or updating their current protection. You should have all received the letter and consent form for the vaccine. If you haven't please let us know and if you haven't returned it yet, there is still time to get the vaccine for your loved one! If you have any questions or concerns please feel free to reach out!

Kasey Greteman BSN, RN –  
Infection Preventionist –  
St Anthony Regional Hospital & Nursing Home.

[kgreteman@stanthonyhospital.org](mailto:kgreteman@stanthonyhospital.org)





# First Bus Trip was taken to Lake View area!



# FFA Animals Visit





# FAIR DAY

