



Look to the Cross...

FALL 2017

www.stanthonyhospital.org



ST. ANTHONY
Regional Hospital & Nursing Home
Carroll, Iowa 712-792-3581

Holy Spirit Sisters Serve St. Anthony, Communities of West Central Iowa

For nearly two decades, nuns of the Holy Spirit Sisters have served St. Anthony Regional Hospital and the community members of west central Iowa. The Sisters, five from Africa and four from India, work as certified nursing assistants (CNAs) in the St. Anthony Nursing Home, providing care and companionship to residents and counseling to community members during times of need. The groups originally came to Carroll following Father Jim McCormick's visits to Tanzania and India. Seeing the hospital's need for CNAs and the Sisters' skillset, he collaborated with the Holy Spirit Sisters to fulfill the needs of the community through faith-based service.

"We are missionaries," said Sister Ruby Vattamattathil. "We are ready to go anywhere to spread the good news, to work according to the needs of the community."



Though unaccustomed to nursing homes, as the elderly in India and Africa live with family members, the Sisters find their work at St. Anthony to be their calling. The two Sisters-in-Charge, or leaders of their respective groups, Sister Ruby of India and Sister Segolena Tarimo of Africa recently fulfilled their three year, elected terms from 2014-2017. As leaders of the groups, the two were responsible

for corresponding with the convent, taking care of the Sisters in their respective groups, and planning outings for the Sisters. They will continue to serve St. Anthony as CNAs, even as the next elected Sisters assume the role of Sister-in-Charge.

"The Holy Spirit Sisters are a true blessing to the nursing home and our community.

I am always awestruck by these individuals who traveled across the globe to care for our families, friends and neighbors in Carroll. They do a wonderful job taking care of our residents and staff members, and we are blessed to have their presence here at St. Anthony."

~ Barb Corey,

St. Anthony Nursing Home Director

The Holy Spirit Sisters find their work with the residents fulfilling and enjoy making a difference in the residents' lives.

"When working with residents in the nursing home, I often see them longing for their families," Sister Ruby said. "We are able to dedicate our time to them, by providing consolation, conversation and comradery. We also take them to mass. At St. Anthony we have a program, *No One Dies Alone*. It is our mission to be there for the residents when they need us most, even in their final hour, and I am proud to serve until my last breath."

They are also proud to represent the convent in Carroll while supporting their own communities.

"I am proud to represent the Holy Spirit Sisters here at

St. Anthony," Sister Segolena said. "While fulfilling our mission through the convent, we are also contributing to the betterment of our communities in Africa. The proceeds we earn from our work at St. Anthony supports organizations in Africa that build schools for our next generation of leaders."

"The Indian Sisters use the benefits of our work for evangelical causes in different states of our home country, specifically to help poor families build houses and children to continue their education," said Sister Ruby.

Together, the Holy Spirit Sisters represent care and compassion to the residents of St. Anthony Regional Hospital and Nursing Home. They have made it their life and their mission to serve.

As Sister Segolena shares, "Our service to the residents at St. Anthony and the ministry means the world to us."

ST. ANTHONY

Mission/Vision/Mantra

Mission

St. Anthony is inspired by faith and committed to excellence. We are dedicated to improving the health of the people we serve. We will lead in providing high quality, high value healthcare services responsive to the needs of our patients and the region.

Vision

As a faith-based regional provider, St. Anthony will continue to be the recognized leader in mission focus, quality care and fiscal strength in Iowa.

Mantra

"Health, Healing and Hope"



The Holy Spirit Sisters from Kerala, South India and Moshi, Tanzania have made it their mission to serve the residents of the St. Anthony Nursing Home. The Sisters are listed, along with the date each came to serve in Carroll and their former position / career:

Holy Spirit Sisters from India (left to right):

- Sr. Elseena Pallithazhom came to St. Anthony in 2008. Before her time at the hospital, she served as a nursing assistant.
- Prior to her time at St. Anthony, Sr. Santhy Thyil was a teacher. She arrived in Carroll in 2005.
- Sr. Anila Edakkamcheril, formerly a teacher, came to St. Anthony in 2000.
- Sr. Ruby Vattamattathil began her time at St. Anthony in 2010. She previously worked as a social worker.



Holy Spirit Sisters from Africa (left to right):

- Sr. Blanca Urassa, arrived in Carroll in 2017. Before her time at the hospital, she served as a nursing assistant.
- Prior to her time in Carroll, Sr. Jovitha Mtenga worked as a teacher. She came to serve the residents of St. Anthony in 2000.

- Sr. Eleonora Shirma, formerly a teacher, moved to Carroll in 2004.
- Sr. Segolena Tarimo began her time at St. Anthony in 2004. She previously worked as a teacher and counselor.
- Sr. Carolina Assenga was a nursing assistant prior to her transition to St. Anthony in 2004.

St. Anthony Now Provides Neurology Services

St. Anthony Regional Hospital welcomed Neurologist Blanca Marky, M.D., in August. In her role, Dr. Marky assists patients with general neurology needs, headaches, numbness, treatment following a stroke, multiple sclerosis, dementia, epilepsy and more. She also performs neurological treatments, including electromyograms (EMG), electroencephalograms (EEG) and Botox injections.

“I have always found neurology fascinating, but what I enjoy most is the people,” Dr. Marky said. “In my position, I feel that the more a patient understands his or her condition, the better they can live with and hopefully overcome the challenge. I set clear expectations and surround each patient with care and understanding.”

Dr. Marky comes to St. Anthony with more than two decades of medical experience. Most recently, she served as neurologist for Medical Associates in Dubuque, Iowa. She has worked in numerous roles over the course of her career, including attending physician in Colorado, Iowa and South Dakota, and assistant professor in Nebraska and Mexico. She completed her residency at the University of Nebraska, University of Texas and Kansas University; and is certified by the American Board of Psychiatry and Neurology, American Academy of Neurology, American Association of Electrodiagnostic



Blanca Marky, M.D.
Neurologist

Medicine and American Academy of Nursing (FAAN). She is a native of Mexico City, Mexico, and utilizes her fluency in Spanish, French

and English to communicate with, and serve, patients in west central Iowa.

Neurology Services

- General neurology
- Abnormal movement disorders
- EMG/NCS
- EEG
- Botox injections
- Stroke
- Multiple sclerosis
- Lower back pain
- Spine conditions
- Headaches

Dr. Marky serves patients full-time at the St. Anthony Clinic. She is currently accepting new patients. Appointments can be made by calling (712) 792-2222.

St. Anthony Miracles Come in Pairs

St. Anthony Regional Hospital recognizes its Rehabilitation Department, whose team members have welcomed an influx of twins to their families. Melanie Hundling, physical therapist; Leah Lechtenberg, speech language pathologist; and Karen Koster, physical therapist; each have a set of twins under the age of seven who were delivered at St. Anthony.

Melanie and Brice Hundling

The most recent team member to deliver twins was Melanie Hundling of Breda. On June 12, 2017 twins Benjamin Carl and Luke Michael, both weighing in at 6 pounds, 5 ounces, joined the Hundling family. Melanie and her husband of 12 years, Brice, have three additional children, Gabrielle, 8; Will, 5 and Henrick, 3. But, twins are nothing new to the Hundling family. In fact, Benjamin and Luke are the fourth set of twin boys on Melanie's side.

"I was shocked when we found out we were having twins," Melanie said. "I always wanted twins of my own, but we were only planning to have four children. It was an exciting turn of events."

Knowing that this pregnancy was unique compared to her three previous pregnancies, Melanie relied on St. Anthony OB/GYN Nelson Lo, M.D.

"I had heard a lot of good things about Dr. Lo in the community and from my colleagues, who also gave birth to twins," Melanie said. "I was more fearful during my pregnancy with the twins because I couldn't always tell if both were moving. At each appointment, Dr. Lo was very thorough and made me feel comfortable with each ultrasound."

"Even with today's technology and our ability to monitor the baby's growth, carrying twins can create apprehension for the mothers," Dr. Lo said. "It is my goal to put every mother-to-be at ease. We have the skills and equipment at St. Anthony to carefully observe development through all stages of pregnancy, and we are willing to collaborate with other doctors as appropriate."

Dr. Lo's meticulous planning also comforted Melanie when she unexpectedly delivered the twins via cesarean section. Melanie was induced at 1 a.m. Monday and given an epidural at 2:30 p.m. When she stopped dilating, Dr. Lo made the decision to deliver the babies by C-section.

"Once the decision was made to go the C-section route, the process was like a well-oiled machine. Everyone knew exactly what they were doing and when to do it," Melanie said. "I wasn't nervous because I felt God was telling us it was time to get the babies out, and I found comfort in the medical team's expertise."

Melanie shares that Sue Stork, St. Anthony RN, had been her nurse all day. She found comfort through her C-section, as Sue volunteered to stay past her regularly scheduled shift and even returned at 7 a.m. the next morning.

"It's comforting to see the same, familiar faces throughout a new and unknown process," said Melanie.

During the delivery, the family's primary care physician, Tina Flores Schechinger, M.D., and Pediatrician Susan Teggatz, M.D., were on-hand to monitor the twins. And today, Melanie's children continue routine care through Dr. Teggatz.

"I had a wonderful experience at St. Anthony from start to finish," Melanie said. "I have built relationships with the nursing staff on Dr. Lo's team and in The Birth Place. They made the whole process easy."

And, Melanie has advice for future mothers-to-be.

"Trust our staff – they are an amazing group of people," Melanie said. "All of our doctors are top-of-the line. Try to relax and enjoy the process knowing you are in good hands."

Melanie and Brice are raising their five children on a family farm west of Breda, where Brice farms and raises livestock.



Hundling family



Tina Flores Schechinger, M.D.
Family Physician



Susan Teggatz, M.D.
Pediatrician



Nelson Lo, M.D.
OB/GYN

Leah and Austin Lechtenberg

West central Iowa natives, Leah of Carroll and Austin of Denison, the Lechtenbergs always hoped to raise a family in the area. When the couple bought a house in Omaha in 2010, that dream seemed further down the road. However, an unexpected opportunity arose at St. Anthony Regional Hospital the same year.

“In December 2010 I found out St. Anthony had a speech therapy opening,” Leah said. “It had always been a dream to come home, but the timing was challenging since we just bought a home.”



Lechtenberg family

After an additional nudge from her mother, Leah decided to apply for the position. She interviewed and accepted the position the very next day. Shortly after, she discovered she was pregnant.

“Everything fell into place for us in 2011,” Leah said. “We were able to move back to Carroll where we could be close to our support system.”

Though at the time she didn’t have confirmation, Leah had a premonition, what she deems maternal instincts, that she was having twins. During her first ultrasound, Dr. Lo confirmed her intuition was spot on.

“Once we found out we were pregnant, Austin

and I decided we wanted an obstetrician to be our provider throughout the pregnancy versus a regular practitioner. We felt it was important to ensure the babies received the highest quality of prenatal care,” Leah said. “Dr. Lo has an exceptional reputation. After we learned we were having twins, I knew we made the right decision.”

Leah was also comforted by Dr. Lo’s willingness to collaborate with additional physicians, for the best interests of their family. After diagnosing Leah with preeclampsia toward the end of the pregnancy, he referred her to Methodist Women’s Hospital in Omaha for a second opinion.

“Throughout the pregnancy, Dr. Lo always put our health and well-being first,” Leah said. “He was thorough, and with each step of the way, followed the plan we had in place.”

The same thorough, careful mentality carried over when Leah delivered the babies via unplanned C-section at 36 weeks.

“I had mentally prepared for the C-section after being in labor for 36 hours. Neither of the babies would let the other go first!” Leah said. “It was helpful to know Dr. Lo was not making a hasty decision and wasn’t going to jump to different options without careful consideration. He always keeps his patients’ health and comfort top-of-mind.”

On September 27, 2011 Leah and Austin welcomed Owen, 5 pounds 10 ounces, and Olivia, 5 pounds 2 ounces to their family.

However, as Dr. Lo had predicted, Owen needed additional support. He was life-flighted to Children’s Hospital and Medical Center in Omaha, where he was on a ventilator for two days and stayed hospitalized for two weeks. Even during this difficult time, Leah found comfort through the St. Anthony staff.

“The nursing staff at The Birth Place were phenomenal – I really can’t say enough,” Leah said. “After Owen was transported to Omaha, the night nurse sat with me, listening to my concerns and offering support. I received such great care, I almost didn’t want to be discharged after the delivery.”

Today, the Lechtenbergs continue to utilize St. Anthony for pediatric care through Dr. Teggatz. The couple has grown their family, with the addition of 2-year-old daughter Ella in 2015. Leah continues to see Dr. Lo as she is expecting her fourth child this fall. They are proud to raise their family in Carroll, where Leah continues her work in the Rehabilitation Department and Austin owns and operates ALL Construction.

Karen and David Koster

The couple who started the twins trend in the St. Anthony Rehabilitation Department, Karen and David are both St. Anthony employees. Karen has served as a physical therapist for 10 years, while David works as a pharmacist. The two feel right at home in nearby Arcadia, as Karen was born and raised in Vail and David’s family is from Breda.



Koster family

Like Leah, Karen also had a feeling she was carrying twins.

“I have twin brothers, so it was no surprise when we learned we were having twins,” Karen said. “I was excited they would not be identical, because I

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St. Anthony Miracles...

Continued from page 5

wanted to be able to tell them apart. I remember my brothers playing pranks on teachers growing up, and even my parents couldn't tell them apart until age 4 or 5."

Though Karen characterizes her pregnancy as "easy," she found comfort in the specialty obstetric



**Pictured (left to right):
Leah Lechtenberg, Melanie Hundling
and Karen Koster**

services provided by Dr. Lo at St. Anthony.

"Throughout my pregnancy Dr. Lo and his staff were accommodating and knowledgeable," Karen said. "Whenever I had questions or concerns, they were just a phone call away. I had access to ask any question, like what cold medicines I could take while pregnant. Plus, Destiny Garrels, L.P.N., would always take time out of her busy schedule to stop to ask me how I was doing."

At 36 weeks and three days, Karen went in for a routine exam where Dr. Lo observed high blood pressure and put her on bed rest for four days. At 37 weeks, Karen's blood pressure was up to 150 over 100. During that appointment, Dr. Lo shared

with Karen that she would be delivering the babies the same day.

"I immediately called my husband who was able to meet me in The Birth Place," Karen said. "Though unexpected, I felt well-prepared because of the medical staff at St. Anthony. I was more nervous about the epidural than the C-section until the anesthesiologist said to me, 'Karen, I will take the best care of you.' It was comforting to know I was in good hands – it was like having a mini family on-hand through the whole experience."

Karen and David welcomed daughters Abby, 6 pounds 6 ounces, and Beth, 5 pounds 9 ounces, on February 25, 2011.

Karen shares her appreciation for The Birth Place staff even after leaving the hospital.

"The nursing staff helped with breastfeeding and even came to our house a week after we went home to check on us and weigh the girls," Karen said. "Plus, there were additional opportunities for support at the hospital, including breastfeeding classes, new mother support groups and well child exams, which are helpful for all new mothers."

Today, the Kusters continue routine exams through Dr. Lo and Dr. Flores Schechinger. Karen is grateful for the compassionate care her family receives.

"My daughters can be shy at first, but with Dr. Flores Schechinger, they were comfortable, laughing and giggling from the start," Karen said. "She is always happy and thorough, and spends time with us when needed. I am grateful for the quality care we have received and continue to receive at St. Anthony."

St. Anthony Medical Staff

CARDIOLOGY

Suzanne Feigofsky, M.D.
Aaron From, M.D.
Laurie Kuestner, M.D.
Kyle Ulveling, M.D.
Beth Chia, ARNP

ENT

Tracey Wellendorf, M.D.
Diana Smith, ARNP, FNP-C

FAMILY MEDICINE

Isabella Ahanogbe, D.O.
Patrick Courtney, M.D.
Nicole Cummings, D.O.
Donald G Dickman, M.D.
Samuel Dvorak, M.D.
John Evans, M.D.
Tina Flores Schechinger, M.D.
Michelle Heim, D.O.
Linda Iler, M.D.
Douglas McLaws, D.O.
James R McQueen, D.O.
David P Nystrom, D.O.
Greg Perkins, M.D.
Julie Perkins, M.D.
Carly Quam, D.O.
Shaun Quam, D.O.
Michael Slattery, M.D.
Joshua Williams, D.O.

Debra Adams, ARNP
Barbara Boldt, PA-C
Jeffrey Boldt, PA-C
Shelley Diehl, PA-C
Sue Gehling, ARNP
Hope Jensen, ARNP
Michelle M. Kroeger, ARNP
DeRae Schroeder, DNP, ARNP
Cara Vogl, ARNP

GENERAL SURGERY

Ronald Cheney, D.O.
Marc Miller, D.O.
Josh Smith, D.O.

INTERNAL MEDICINE

Mark Collison, M.D.
Dominick C. Ervelli, D.O.

NEUROLOGY

Blanca Marky, M.D.

PSYCHIATRY

Phillip Muller, D.O.
Jeannie Franklin, ARNP
Patty Hildreth, ARNP
Cyndy Johnson, ARNP

OB/GYN

Nelson Lo, M.D.
Charles Svensson, M.D.

OPHTHALMOLOGY

Lou Ann Kiessling, M.D.

ORTHOPEDICS

Thomas Dulaney, M.D.
Jon Gehrke, M.D.
Heather Schall, PA

PATHOLOGY

Jedd Hagen, M.D.

PEDIATRICS

Karla Cheney, M.D.
Susan Teggatz, M.D.

PODIATRY

Eric Jensen, D.P.M.
Abby Williams, D.P.M.

RADIATION ONCOLOGY

Randal Hess, M.D.

RADIOLOGY

Michael Soe, M.D.

UROGYNECOLOGY

Maria Hernandez, M.D.

UROLOGY

Richard Sazama, M.D.

CERTIFIED REGISTERED NURSE ANESTHETIST

Jordan Blackwell, CRNA
Kevin Bohac, CRNA
James Bradley, CRNA
Edward Cutler, CRNA
Matthew Earl, CRNA
Chris Hanson, CRNA
Colee Hayworth, CRNA
Corey Mehlhaff, CRNA
Ruth Petros, CRNA

ON-CAMPUS VISITING SPECIALISTS

Scott Green, M.D. *Dermatology*
Katherine Blomgren, PAC *Dermatology*
Robert Behrens, M.D. *Hematology/Oncology*
Mark Westberg, M.D. *Hematology/Oncology*
Sameer Yaseen, M.D. *Nephrology*
Jay Swanson, D.O. *OB/GYN*
Bryan Folkers, D.O. *Plastic Surgery*
James Meyer, D.O. *Pulmonology*
Nicholas Southard, M.D. *Vascular Surgeon*

Leaving a Legacy through Giving

Long-time supporters of St. Anthony Regional Hospital & Nursing Home, Wilma and Ken Tranter built a legacy that lives on even after their passing.



Ken and Wilma Tranter

As a young couple, they relocated frequently due to Ken's military career in the United States Air Force during World War II and the Korean War. During the Korean War, Wilma also served the U.S. Air Force as secretary to the transportation officer. Following the war, they both pursued successful careers outside of the military, Ken in purchasing for Shell Oil Refinery and Wilma with the California Department of Education. They enjoyed each other's company, and traveled the world together. But when it came time to retire, Ken and Wilma, who spent a significant portion of their childhood in Ralston, decided to return to west central Iowa. The Tranters chose Orchard View, an independent living center on the St. Anthony campus for individuals 55-plus.

Over the years, the couple made many donations to St. Anthony projects and campaigns, including cardiac care, pastoral care, cancer care and hospice. Even after Wilma's passing in 2014, Ken continued to donate to hospital projects that served community needs, knowing that he may not see the project come to fruition during his lifetime. In 2016, Ken made a generous donation in memory of Wilma, giving \$100,000 to the hospital's new assisted living center, Garden View, for furnishings. He passed away nearly a month later.

At the time, Ken shared his insight on the couple's passion for giving.

"Living at Orchard View for many years and being treated at St. Anthony, Wilma and I believed it was necessary for people in the Carroll area to have an assisted living option near the hospital," Ken said. "I may never see the finished project, but this is something that Wilma would have been happy to support; it is such a great project."

The Tranters utilized charitable gift annuities to mutually benefit St. Anthony and themselves.

"Our favorite gift type is the charitable gift annuity, which provides lifetime income to the donor or donors," Ken said. "Supporting St. Anthony in this manner provides important resources for the hospital to continue its mission and through the years has given us steady monthly income for life."

As a young couple, they relocated frequently due to Ken's military career in the United States Air Force during World War II and the Korean War. During the Korean War, Wilma also served the U.S. Air Force as secretary to the transportation officer. Following the war, they both pursued successful

careers outside of the military, Ken in purchasing for Shell Oil Refinery and Wilma with the California Department of Education. They enjoyed each other's company, and traveled the world together. But when it came time to retire, Ken and Wilma, who spent a significant portion of their childhood in Ralston, decided to return to west central Iowa. The Tranters chose Orchard View, an independent living center on the St. Anthony campus for individuals 55-plus.

What is a charitable gift annuity?

A charitable gift annuity is a contract between a donor and a qualified charity in which the donor makes a gift to the charity and, in exchange, the charity provides the donor with a lifetime fixed income stream. Put simply, would you give away your fruit tree if you knew you (and / or someone you choose) could keep the produce the tree produces, every year, for life? That is the same concept that applies to a St. Anthony charitable gift annuity.

When you make a gift to the St. Anthony Foundation, we pay you a fixed amount for life. You will know up front how much you will receive annually in return for your gift. The amount remains the same, despite fluctuations up or down in the economy, and lasts for your lifetime. A gift annuity can also be set up for the lives of two people. Donors benefit in several ways: first you would receive a fixed payment for as long as you live, and second, tax advantages, including charitable deductions, potential income and estate tax savings apply.

A charitable gift annuity can be an excellent giving option, plus it is easy to create. The gift agreement is a simple contract between you and St. Anthony. Your payments become one of our general obligations, backed by our corporate assets. You know you are making an important investment in St. Anthony that will benefit future generations.

How you can create your legacy

Charitable and philanthropic contributions from people in our communities have made a significant difference right here in Carroll. Over the past decade, St. Anthony has utilized your charitable contributions to raise funds for pastoral, cancer and cardiac care, as well as renovate the St. Anthony Emergency Department and build the St. Anthony Education, Training and Simulation Center. If you would like to partner with St. Anthony in our philanthropic efforts, donations are accepted at any time.

St. Anthony has experts who can work with you and your financial advisor at no charge. For a confidential consultation to learn how you can give back, please call Trish Roberts at (712) 794-5223 or email troberts@stanthonyhospital.org.



Trish Roberts, CFRE
Development Director

A Season of Change Brings Excitement and New Faces to St. Anthony



Ed Smith
President and CEO

As happens every year, the heat and humidity of summer are gone, while the cooler temps and vibrant colors of fall are now upon us. It is an annual occurrence that many people anxiously await here in Iowa.

Besides this weather-oriented change of season, fall signals the beginning of football season, and is a lead-in to a number of holidays that capture plenty of attention for all kinds of

reasons. All of this makes fall a popular time of year for many people . . . and for good reason!

At St. Anthony, we are experiencing our own season of change right now – one marked by new beginnings and new faces – as Tom Gronstal recently started his role as the hospital’s board chair. He replaces Fred Dolezal, who has served as our chair since 2013.

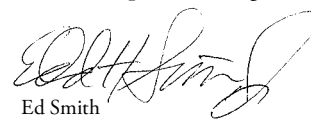
Fred has been a board member since 2004 and will continue to serve in this capacity, so we thank him for his leadership over the last five years and for his continued work on behalf of the hospital. Tom, who has served on the hospital board since 1999, is also Chairman of the Board of Availa Bank and was a former mayor of Carroll. We look forward to his leadership in the board chair role and continue to appreciate his many years of faithful service to the mission of St. Anthony.

Our changes, though, do not end with the board of directors. We also enter this fall season with new staff onboard to serve our valued patients. For example, we began the year with the addition of Doctor of Nursing Practice DeRae Schroeder, DNP, ARNP. She serves patients at the Denison Clinic providing care and consultation for patients of all ages.

OB/GYN Charles Svensson, M.D., also came to the hospital earlier this year and has helped expand, and advance, our general obstetrics and gynecology services, while specializing in minimally invasive surgery, endometrial ablation and colposcopy. Likewise, we have also expanded our Behavioral Health Unit with the addition of Cyndy Johnson, a full-time advanced registered nurse practitioner. Cyndy is serving the critical needs of our outpatient mental health clients, as well as providing care in the inpatient unit. And one of our most recent hires at the St. Anthony Clinic was Neurologist Blanca Marky, M.D., who assists patients with their general neurology needs. Besides performing a number of different neurological treatments, Dr. Marky also provides treatment related to strokes, multiple sclerosis, dementia, epilepsy and more.

These individuals are just a few examples of the many quality professionals who have joined the St. Anthony family this year, so we thank them – and a host of many others – for the work and energy they put into serving our valued patients. The addition of these talented caregivers is also a testament to the breadth of care and quality services we are able to provide to our patients on a daily basis.

Cardiac, orthopedic, oncology, obstetrics and gynecology, mental health services, general medicine and surgery, assisted living, and more . . . this represents the full range of care and services that St. Anthony can offer thanks to our many physicians and caregivers located right here in west central Iowa. Given this, everyone affiliated with St. Anthony should be proud of the work done here to provide a high level of care to people in Carroll and many surrounding communities – no matter the season.




Ed Smith
President and CEO

“Serving as the St. Anthony board chair has been a rewarding experience, as I have had a front-row seat to the hospital’s growth and expansion of services. I am proud to continue serving on the board and am excited to see what the future has in store.”



Fred Dolezal
Past Board President



“As a longtime supporter of St. Anthony Hospital and member of the board, I’m honored to begin my service as the new board chair. I want to thank Fred Dolezal for his leadership over the last four years and look forward to continuing the history and forward momentum for the organization.”



Tom Gronstal
Board President

