

# ST. ANTHONY

## Postpartum Support Group



Mothers have the opportunity to share ideas and helpful tips with other mothers. A certified lactation specialist is present to share in the discussion and to answer questions.

Your infant will be weighed if you wish.  
The group is free of charge and appointments are not needed.



### WHERE:

**St. Elizabeth Room**  
(4th Floor of Hospital, South Hall)

### WHEN:

**Tuesdays**  
10:00 am - 12:00 pm  
or  
**1st Thursday Each Month**  
5:30-7:30 pm

### FOR MORE INFORMATION:

Call The Birth Place at St. Anthony (712) 794-5260

